

## FRUITS OF THE SPIRIT

### A READING

The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit. – *Galatians 5:22-25*

### PRAYER

O Bounteous Spirit,  
I ask you to bring forth in my life your fruits:

the fruit of love,  
so I may love you above all things and all others for your sake;

the fruit of joy,  
that I may find my delight in your service;

the fruit of peace,  
that I may be pardoned through your mercy and may rest in your love;

the fruit of longsuffering  
so that I may bear, with patience, all afflictions;

the fruit of gentleness,  
that I may subdue all anger and take calmly and sweetly  
all trials and provocations;

the fruit of meekness,  
that I may forgive freely all who have hurt me  
and endure with patience all burdens that are laid upon me;

the fruit of temperance  
that I may restrain all my desires  
and bring them into the subjection of your holy will. Amen.

~ posted on **Spread Jesus** website. <http://www.spreadjesus.org/prayer-for-the-fruits-of-the-spirit.html#.UbeKq-fVCS0>

## **BENEDICTION**

May God, who began a good work in you,  
continue to be at work in your life,  
guiding, teaching, and equipping you  
until Jesus Christ returns.

May your love and compassion continue to grow—  
a love that is full of knowledge and wise insight,  
so that you will be able to recognize what really matters,  
and live a pure and blameless life.

May you live a life centered in the Holy Spirit,  
a life that bears rich fruit –  
love, joy, peace, patience, kindness,  
generosity, faithfulness, tolerance and self-control –  
all the good things that come from following the Spirit,  
for living this way will bring much glory and praise to God.

*~ Christine Longhurst*

