

Lenten Reflections

Dear St. John's,

One thing I've discovered over the past year is the importance of learning from one another. This incredible, yet sometimes difficult, journey we are on as a community of faith is impacted by the relationships we have with each other. Your faith influences mine. Your words inspire, challenge, and encourage me day in and day out. I often discover God's love and the call to serve through each of you.

With the season of Lent quickly approaching, I want to offer an opportunity for us to lean on each other even more, to learn from one another, and to grow together as God's beloved. This year, I am excited to introduce our very own **St. John's Lenten Reflection Book**. We are looking for 40 people to reflect on a daily scripture passage and write a short reflection to help us on our Lenten journey's. You don't have to have a theological degree or wear a collar to share your thoughts on scripture!

Following are the instructions for writing your reflections.

1. Read your passage, pray, and write!
2. Your reflection should be no longer than 200-250 words. Remember brief is beautiful!
3. To submit your reflections simply write the date and passage at the top of the page and include your reflection below it.
4. All reflections need to be emailed to amanda@stjohns-lancaster.org by **FEBRUARY 7**.
5. There are no wrong ways to do this; whatever is speaking to your heart is what you should write. Remember personal connections make scripture come alive for others. If you are really struggling with what to write, call me! I'd be happy to work through it with you.
6. Make sure to write your name at the bottom of your reflection. *(If you would like to remain anonymous we understand and will honor that, however we'd love to give credit where credit is due and I have found these writings to mean so much more when we know who they're coming from.)*
7. Finally, enjoy this process. This practice is designed to inspire conversations with God and with each other.

If you would like to contribute to the St. John's Lenten Reflection Book, please sign up for a date here: [St. John's Episcopal Church: Signup Sheet for Lenten Devotional \(signupgenius.com\)](https://signupgenius.com/signup-sheet/st-johns-episcopal-church-signup-sheet-for-lenten-devotional).

And remember, there are no age limits to this spiritual practice. Children, youth, young adults, seasoned adults, and families together are invited to participate!

I look forward to walking with you through this transformative season,
Amanda+

