

# THE TENTH SUNDAY AFTER PENTECOST

HOLY EUCHARIST: RITE II

AUGUST 1, 2021 AT 10:00AM



First Free Church of Pennsylvania  
Est. 1853

## WELCOME

Welcome to St. John's Episcopal Church. We are glad you are here. Please tell us a little bit about yourself by clicking the QR Code below or by filling out a pew card and placing it in the offertory plate.



## How to access QR code?

*Step 1:* Open the Camera App on your device.

*Step 2:* Hold your device's camera so that the QR code appears and you should see a notification with a link.

*Step 3:* Click on the notification to open the link associated with the QR code.

## Worship sources used in today's service include:

BCP: Book of Common Prayer  
EOW: Enriching Our Worship

HYMN: 1982 Hymnal

# THE WORD OF GOD

PRELUDE

*Blessed Assurance*

Fanny J Crosby, 1873

Phoebe P. Knapp

arr. Norm Wick

Crosby was visiting her friend Phoebe Knapp as the Knapp home was having a large pipe organ installed. The organ was incomplete, so Mrs. Knapp, using the piano, played a new melody she had just composed. When Knapp asked Crosby, "What do you think the tune says?", Crosby replied, "Blessed assurance; Jesus is mine."

OPENING HYMN

*Glorious things of thee are spoken*

HYMN 522

*Descant*

4 Blest in - hab - it - ants of Zi - on, washed in the Re -

1 Glo - rious things of thee are spo - ken, Zi - on, ci - ty  
2 See! the streams of liv - ing wa - ters, spring - ing from e -  
3 Round each ha - bi - ta - tion hov - ering, see the cloud and  
4 Blest in - hab - it - ants of Zi - on, washed in the Re -

deem - er's blood! Whom their souls re -

of our God; he whose word can - not be  
ter - nal love, well sup - ply thy sons and  
fire ap - pear for a glo - ry and a  
deem - er's blood! Je - sus, whom their souls re -

ly on, makes them kings and priests to God.

bro - ken formed thee for his own a - bode;  
daugh - ters and all fear of want re - move.  
cov - ering, show - ing that the Lord is near.  
ly on, makes them kings and priests to God.

The musical score is written for voice and piano. It features a descant at the beginning. The lyrics are arranged in four systems, each with a vocal line and a piano accompaniment line. The key signature is B-flat major (two flats) and the time signature is common time (C). The lyrics are: 4 Blest in - hab - it - ants of Zi - on, washed in the Re - deem - er's blood! Whom their souls re - of our God; he whose word can - not be ter - nal love, well sup - ply thy sons and fire ap - pear for a glo - ry and a deem - er's blood! Je - sus, whom their souls re - ly on, makes them kings and priests to God. bro - ken formed thee for his own a - bode; daugh - ters and all fear of want re - move. cov - ering, show - ing that the Lord is near. ly on, makes them kings and priests to God.

**OPENING ACCLAMATION** (*please remain standing*)

**BCP 355**

*Celebrant* Blessed be God: Father, Son, and Holy Spirit.

*People* And blessed be God's kingdom, now and for ever. Amen.

**COLLECT FOR PURITY**

**BCP 355**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

1. Glo - ry to you, \_\_\_\_\_ Lord  
 God of our fa - thers; \_\_\_\_\_ you are wor - thy of praise;  
 glo - ry to you. \_\_\_\_\_ 2. Glo - ry to you \_\_\_\_\_  
 \_ for the ra - di - ance of your ho - ly Name; \_\_\_\_\_ we will  
 praise you and high - ly ex - alt you for ev - er. \_\_\_\_\_  
 3. Glo - ry to you \_\_\_\_\_ in the splen - dor of your  
 tem - ple; \_\_\_\_\_ on the throne of your ma - jes - ty, glo - ry to  
 you. \_\_\_\_\_ 4. Glo - ry to you, seat - ed bet -  
 ween the Cher - u - bim; \_\_\_\_\_ we will praise you and  
 high - ly ex - alt you for ev - er. \_\_\_\_\_

### THE COLLECT OF THE DAY

*Celebrant* The Lord be with you.

*People* And also with you.

*Celebrant* Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

**THE FIRST LESSON: EXODUS 16:2-4, 9-15** (*please be seated for the readings*)

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not." Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

The Word of the Lord.

People      *Thanks be to God.*

**PSALM 78:23-29** (*read responsively*)

- <sup>23</sup> So he commanded the clouds above \*  
and opened the doors of heaven.  
<sup>24</sup> He rained down manna upon them to eat \*  
and gave them grain from heaven.  
<sup>25</sup> So mortals ate the bread of angels; \*  
he provided for them food enough.  
<sup>26</sup> He caused the east wind to blow in the heavens \*  
and led out the south wind by his might.  
<sup>27</sup> He rained down flesh upon them like dust \*  
and winged birds like the sand of the sea.  
<sup>28</sup> He let it fall in the midst of their camp \*  
and round about their dwellings.  
<sup>29</sup> So they ate and were well filled, \*  
for he gave them what they craved.

**THE SECOND LESSON: EPHESIANS 4:1-16**

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace.

There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

The Word of the Lord.

People *Thanks be to God.*

**THE SEQUENCE HYMN** *Bread of Heaven, on thee we feed*

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**THE HOLY GOSPEL: JOHN 6:24–35** *(please remain standing)*

*Celebrant* The Holy Gospel of our Lord Jesus Christ according to John.

*People* *Glory to you, Lord Christ.*

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The Gospel of the Lord.  
*People Praise to you, Lord Christ.*

**SERMON**

THE REV. STACEY CATIGANO

**THE NICENE CREED** (*please stand*)

**BCP 358**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man. (*pause*)  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

**THE PRAYERS OF THE PEOPLE: FORM IV** (*please kneel if you are able*)

**BCP 388**

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. We lift up Bangor Church, Churchtown, in the Diocesan Cycle of Prayer, and in the Anglican Cycle of Prayer we pray for the Church of the Province of South East Asia. Lord, in your mercy  
*Hear our prayer.*

Guide the people of this land, and of all the nations, in the ways of justice and peace; we pray for Joe, our President; Tom, our Governor; and Danene, our Mayor; we pray also for all those serving in the armed forces; that we may honor one another and serve the common good. Lord, in your mercy  
*Hear our prayer.*

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. Lord, in your mercy  
*Hear our prayer.*

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. Lord, in your mercy  
*Hear our prayer.*

Comfort and heal all those who suffer in body, mind, or spirit; especially Amy Swiernik, Angelica, Carl, Chase, Cole N., Dave Pennell, Emily Lavender, Geta, Hank, Jill Healey, Joanna Torres, Ken Kiedrowski, Kerry Cater, Martha, Miriam, Nouracham, Pablo Gouveia, Robin Fyock, Sandy Grove and Tiny Nolan; give them courage and hope in their troubles, and bring them the joy of your salvation. Lord, in your mercy  
*Hear our prayer.*

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom. Lord, in your mercy  
*Hear our prayer.*

At this time, we invite your own prayers of thanksgiving or intercession either silently or aloud.

*Celebrant* Almighty God, to whom our needs are known before we ask: Help us to ask only what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord. *Amen.*

## **THE CONFESSION**

**EOW 56**

*Celebrant* Let us confess our sins to God.

God of all mercy,  
we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.



We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.  
Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.

*Celebrant* Almighty God have mercy on you, forgive you all your sins through the  
grace of Jesus Christ, strengthen you in all goodness, and by the power of the  
Holy Spirit keep you in eternal life. Amen.

## THE PEACE

*Celebrant* The peace of the Lord be always with you.  
*People* And also with you.

## BIRTHDAYS & ANNIVERSARIES

BCP 830

Watch over thy children, O Lord, as their days increase; bless and guide them wherever  
they may be. Strengthen them when they stand; comfort them when discouraged or  
sorrowful; raise them up if they fall; and in their hearts may your peace which passes  
understanding abide all the days of their lives; through Jesus Christ our Lord. *Amen.*

## THE HOLY EUCHARIST

### THE OFFERTORY Chara

*Gift of Finest Wheat*

Robert Kreutz  
arr. Paul West

### THE DOXOLOGY

*Praise God, from whom all blessings flow;  
Praise him, all creatures here below;  
Praise him above, ye heavenly host;  
Praise Father, Son, and Holy Ghost. Amen.*

HYMN 380 (v.3)

## THE GREAT THANKSGIVING: PRAYER 2

EOW 60

*Celebrant* The Lord be with you.  
*People* And also with you.  
*Celebrant* Lift up your hearts.  
*People* We lift them to the Lord.  
*Celebrant* Let us give thanks to the Lord our God.  
*People* It is right to give God thanks and praise.

We praise you and we bless you, holy and gracious God, source of life abundant. From  
before time you made ready the creation.

Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and  
might, heav'n and earth are filled with your glo - ry: Ho -  
san - na in the high - est. Bless - ed is He who comes  
in the name of the Lord; ho - san - na in the  
high - est. Ho - san - na in the high - est.

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God.

Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

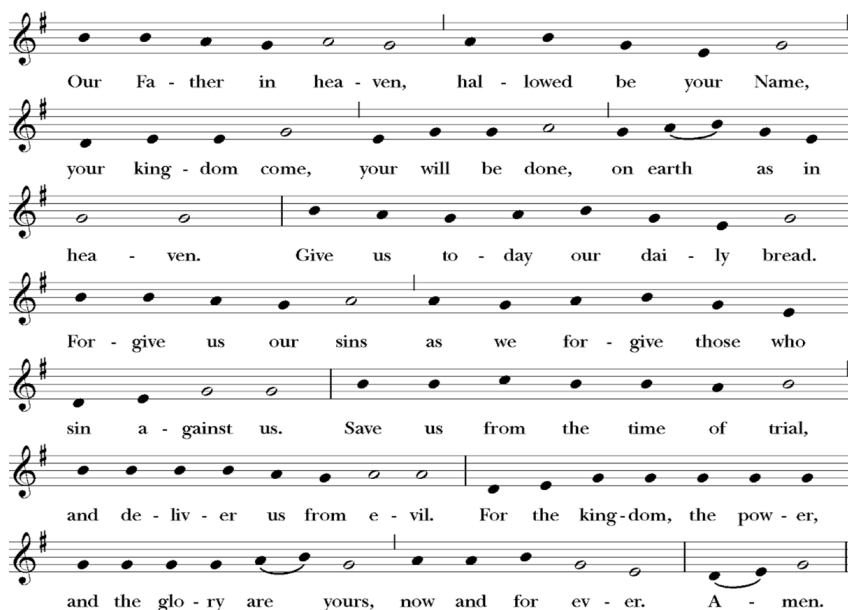
Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with St. John and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

## THE LORD’S PRAYER

BCP 364

And now, as our Savior Christ has taught us, we are bold to sing...



Our Fa - ther in hea - ven, hal - lowed be your Name,  
your king - dom come, your will be done, on earth as in  
hea - ven. Give us to - day our dai - ly bread.  
For - give us our sins as we for - give those who  
sin a - gainst us. Save us from the time of trial,  
and de - liv - er us from e - vil. For the king - dom, the pow - er,  
and the glo - ry are yours, now and for ev - er. A - men.

## THE BREAKING OF THE BREAD

BCP 364

*Celebrant* Alleluia. Christ our Passover is sacrificed for us;  
*People* Therefore let us keep the feast. Alleluia.

## THE INVITATION

BCP 365

*Celebrant* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## THE ADMINISTRATION OF COMMUNION

### THE POST COMMUNION PRAYER

EOW 70

Loving God,  
we give you thanks  
for restoring us in your image  
and nourishing us with spiritual food  
in the Sacrament of Christ's Body and Blood.  
Now send us forth  
a people, forgiven, healed, renewed;  
that we may proclaim your love to the world  
and continue in the risen life of Christ our Savior. Amen.

### THE BLESSING

Life is short and we do not have much time to gladden the hearts of those who make the journey with us. So be swift to love and make haste to be kind. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. *Amen.*

THE CLOSING HYMN      *They'll Know We are Christians by Our Love*

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### GOOD NEWS AND ANNOUNCEMENTS

### THE DISMISSAL

*Celebrant* Let us bless the Lord. Alleluia. Alleluia!

*People* Thanks be to God. Alleluia. Alleluia!

POSTLUDE      *How Firm a Foundation*

arr. James Koerts

This hymn, along with "Jesus Loves Me," served as the thematic material for Virgil Thomson's *Symphony on a Hymn Tune*, which was later incorporated into his score for the 1938 documentary film *The River*. Sections of *The River's* score were reused in the 1983 television film *The Day After*.

# BREAD OF HEAVEN, ON THEE WE FEED

# HYMN 323

1 Bread of heaven, on thee we feed, for thy Flesh is of  
 2 Vine of heaven, thy Blood sup-plies this blest cup of

meat in-deed; ev-er may our souls be fed  
 sac-ri-fice; Lord, thy wounds our heal-ing give,

with this true and liv-ing Bread; day by day with  
 to thy cross we look and live: Je-sus, may we

strength sup-plied, through the life of him who died.  
 ev-er be graft-ed, root-ed, built in thee.

Words: Josiah Conder (1789-1855), alt. Music: *Jesu, Jesu, du mein Hirt*, melody Paul Heinlein (1626-1686); harm. *The English Hymnal*, 1906

# THEY'LL KNOW WE ARE CHRISTIANS BY OUR LOVE

## They'll Know We are Christians by Our Love

Peter Scholtes  
arr. Michael Kravchuk

**Presto**

Choir



We are one in the Spir-it, we are one in the Lord, we are one in the Spir-it, we are  
We will walk with each oth-er, we will walk hand in hand, we will walk with each oth-er, we will  
We will work with each oth-er, we will work side by side, we will work with each oth-er, we will  
All praise to the Fa-ther, from whom all things come, and all praise to Christ Je-sus, His...

One in the Spir-it      One in the Lord      One in the Spir-it  
Walk with each oth-er      Walk hand in hand      Walk with each oth-er  
Work with each oth-er      Work side by side      Work with each oth-er  
Praise to the Fa-ther      Whom all things come      Praise to Christ Je-sus

7



one in the Lord, and we pray that all u-ni-ty may one day be re-stored: And they'll  
walk hand in hand, and to-gether we'll spread the news that God is in our land:  
work side by side, and we'll guard each one's dig-ni-ty and save each one's pride:  
on-ly Son, and all praise to the Spir-it, who makes us one:

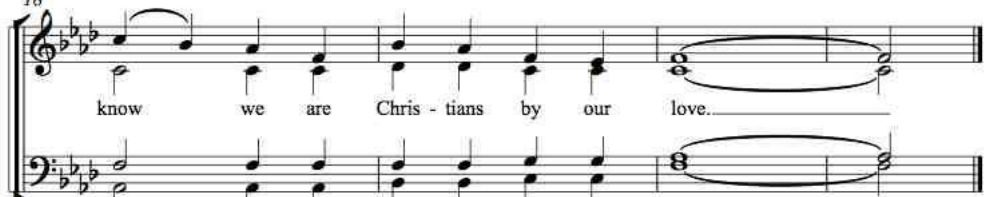
One in the Lord      Pray that all u-ni-ty may one day be re-stored:  
Walk hand in hand      Geth-er we'll spread the news that God is in our land:  
Work side by side      Guard each one's dig-ni-ty and save each one's pride:  
On-ly Son      Praise to the Spir-it, who makes us one:

14



know we are Chris-tians by our love, by our love, yes, they'll


18



know we are Chris-tians by our love.




# Happy Birthday



Sarah Gordon 1  
Nancy Houston 2  
David Labeda 3  
Aidan Cliff 3  
Bruce Morgan 4  
Kendall Morgan 4  
Ervin Easton 5  
Otto Williams 5  
Emma Wendler 6  
Rich Collier 7  
Linda Bruce 7  
Ruth Cassel 8  
Joanna Sweeney 9  
Thomas Shevock 9  
Pamela Loose 9  
Iylan Gustafson 10  
Helen Miller 12

Heather Sherman 12  
Michael Gbur 14  
Rachel Hreben 21  
Karen Largent 22  
Edith Kane 23  
Stephanie Morrison 23  
Darleen Pfeiffer 24  
Nancy Nemith 26  
Philip Becker 26  
Michael Gobel 26  
Elijah Mendez 26  
Darlene Bentley 27  
Ashley Smith 27  
Donald Durand 28  
Stella Smith 30  
Stephanie McGovern 31  
Sherry Qualls 31



## AUGUST ANNIVERSARIES

PAUL & DREW DORGAN 18  
CHRIS & BETSY HASIRCOGLU 18  
KENNETH & ELEANOR WATTS 26

## **OUR MINISTERS**

All Baptized Members

The Rt. Rev. Audrey C. Scanlan, Diocesan Bishop

The Rev. Amanda Knouse, Rector  
amanda@stjohns-lancaster.org

The Rev. Matt MacDougall, Associate Rector  
matt@stjohns-lancaster.org

The Rev. Stacey Catigano, Deacon  
scatigano@gmail.com

## **VESTRY**

Webb Cook (Senior Warden), Leslie Morgan (Junior Warden), Debbie Carter,  
John Gouveia, Annie Lattanzio Hale, Tim Huber, Molly Moyer, Marylee Sauder,  
Mary Waskowicz, Joe Way

## **STAFF**

Equilla Curry, Parish Administrator  
Gina Keiser, Financial Secretary  
Richard Kuhn, Sr., Sexton  
Douglas Beach, Minister of Music

## **PRIESTS AND CANONS ASSOCIATED WITH ST. JOHN'S**

Canon William F. Honaman, DHL  
The Rev. Faith D'Urbano  
The Rev. Elizabeth Mollard

## **SERVING AT THE LITURGY**

*Preacher/Celebrant*  
*Server*  
*Lector*  
*Litanist*  
*Steeple Bell Ringer*  
*Altar Guild*  
*Web Streaming*  
*Ushers*

*The Rev. Stacey Catigano*  
*Natalie Visco*  
*Sue Tobie*  
*Jeannie Zelller*  
*Glenn Miller*  
*Sherry Qualls,*  
*Joe Way*  
*Nick Di Pace, Andrew Welaish,*  
*Brad Zuke*

**GROW IN GOD, ACT IN SERVICE, WITNESS IN LOVE**