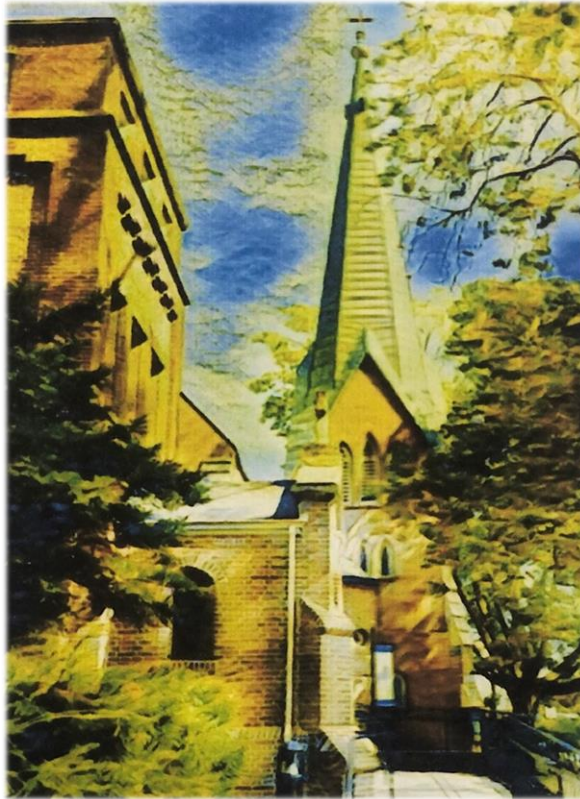


THE FOURTH SUNDAY AFTER EPIPHANY
HOLY EUCHARIST: RITE II
JANUARY 29TH AT 10:15 A.M.



Welcome to St. John's Episcopal Church! We pray you experience the love of God through our worship and fellowship. For those who are new to our community, restrooms can be found on the other side of the parish hall. Ushers are stationed at the back of the church and can answer any questions you may have. In addition to worship, opportunities for fellowship exist after each service. A nursery is available every Sunday for our littlest members next to the Parish Hall. Thank you for being here!

THE WORD OF GOD

WELCOME & ANNOUNCEMENTS

PRELUDE *What Wondrous Love is This* Robert Lau

OPENING HYMN *Now thank we all our God* **HYMN 397**

OPENING ACCLAMATION (*please remain standing as you are able*) **BCP 355**

Officiant Blessed by God: Father, Son, and Holy Spirit.
People And blessed be God's kingdom, now and forever. Amen.

COLLECT FOR PURITY **BCP 355**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

GLORIA **HYMNAL S-280**

THE COLLECT OF THE DAY

Celebrant The Lord be with you.
People And also with you.
Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

THE FIRST LESSON: Micah 6:1-8 (*please be seated*)

Hear what the Lord says:
Rise, plead your case before the mountains,
and let the hills hear your voice.
Hear, you mountains, the controversy of the Lord,
and you enduring foundations of the earth;

for the Lord has a controversy with his people,
and he will contend with Israel.

“O my people, what have I done to you?
In what have I wearied you? Answer me!
For I brought you up from the land of Egypt,
and redeemed you from the house of slavery;
and I sent before you Moses,
Aaron, and Miriam.

O my people, remember now what King Balak of Moab devised,
what Balaam son of Beor answered him,
and what happened from Shittim to Gilgal,
that you may know the saving acts of the Lord.”

“With what shall I come before the Lord,
and bow myself before God on high?
Shall I come before him with burnt-offerings,
with calves a year old?
Will the Lord be pleased with thousands of rams,
with tens of thousands of rivers of oil?
Shall I give my firstborn for my transgression,
the fruit of my body for the sin of my soul?”
He has told you, O mortal, what is good;
and what does the Lord require of you
but to do justice, and to love kindness,
and to walk humbly with your God?

People The Word of the Lord.
 Thanks be to God.

PSALM 15

- 1 Lord, who may dwell in your tabernacle? *
 who may abide upon your holy hill?
- 2 Whoever leads a blameless life and does what is right, *
 who speaks the truth from his heart.

- 3 There is no guile upon his tongue;
he does no evil to his friend; *
he does not heap contempt upon his neighbor.
- 4 In his sight the wicked is rejected, *
but he honors those who fear the Lord.
- 5 He has sworn to do no wrong *
and does not take back his word.
- 6 He does not give his money in hope of gain, *
nor does he take a bribe against the innocent.
- 7 Whoever does these things *
shall never be overthrown.

THE EPISTLE: 1 Corinthians 1:18-31

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, “I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, “Let the one who boasts, boast in the Lord.”

The Word of the Lord.

People

Thanks be to God.

THE HOLY GOSPEL: Matthew 5:1-12 (*please remain standing as you are able*)

Celebrant The Holy Gospel of our Lord Jesus Christ according to Matthew.
People *Glory to you, Lord Christ.*

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: “Blessed are the poor in spirit, for theirs is the kingdom of heaven. “Blessed are those who mourn, for they will be comforted. “Blessed are the meek, for they will inherit the earth. “Blessed are those who hunger and thirst for righteousness, for they will be filled. “Blessed are the merciful, for they will receive mercy. “Blessed are the pure in heart, for they will see God. “Blessed are the peacemakers, for they will be called children of God. “Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven. “Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

People The Gospel of the Lord.
Praise to you, Lord Christ.

SERMON

THE REV. JEN TREMARY

THE NICENE CREED (*please stand as you are able*)**BCP 358**

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man. (*pause*)
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son
he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE (*please kneel as you are able*)

BCP 387

Father, we pray for your holy Catholic Church; in the Diocesan and Anglican Cycle of prayer we pray for St. Paul's Episcopal Church, Manheim; and The Church of Pakistan;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons, especially Justin, Archbishop of Canterbury; Michael, our Presiding Bishop; Audrey, our Diocesan Bishop; and Amanda, Jen, and Stacey, our clergy;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world, especially Joe, our President; Tom, our Governor; Danene, our Mayor; and those serving in the Armed Forces;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble especially Claire Phillips, Charlie Rahe, Kate, Liam Lynch, Nancy Strasburg, Debbie Carter, Paula Wolf, Pat Pankey, Sea Macleish, Tiny Nolan, David Rodriguez, Lily, Morgan & Family, The Marshall Family, Fr. John Emmert; we pray for our friends at home especially Ellen Keller, Nancy Nemith, Peter Plaxa, Ricky Smith, Joanna Sweeney, Al Kuser, Mary Sue Farmer, Ellen Sellers, Edith Kane, Merle Schnee, Carol Greenfield, Sandy Grove, and Carol Humphrey.

That they may be delivered from their distress.

Give to the departed eternal rest.

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Celebrant Almighty and eternal God, ruler of all things in heaven and earth:
Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. *Amen.*

CONFESSION OF SIN

BCP 360

Celebrant Let us confess our sins to God and our neighbor.

People Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. *Amen.*

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

THE PEACE

Celebrant The peace of the Lord be always with you.
People *And also with you.*

THE HOLY EUCHARIST

THE OFFERTORY *Antiphon III* Marcel Dupre

PRESENTATION HYMN *As with gladness* **HYMNAL 119, vs. 3**

THE GREAT THANKSGIVING: Eucharistic Prayer B

Celebrant The Lord be with you.
People *And also with you.*

Celebrant Lift up your hearts.
People *We lift them to the Lord.*

Celebrant Let us give thanks to the Lord our God.
People *It is right to give him thanks and praise.*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

THE SANCTUS

*Holy, Holy, Holy Lord, God of power and might
heaven and earth are full of your glory.*

HYMNAL S-125

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

We remember his death,

We proclaim his resurrection,

We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with St. John and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

THE LORD'S PRAYER

HYMNAL S-149

And now, as our Savior Christ has taught us, we are bold to sing,

THE BREAKING OF THE BREAD

BCP 365

Celebrant Alleluia. Christ our Passover is sacrificed for us;
People Therefore let us keep the feast. Alleluia.

THE INVITATION

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

ADMINISTRATION OF COMMUNION

The Episcopal Church invites all to our Lord's table. If you wish to receive, please come forward to the altar rail when the usher indicates. If you desire a blessing instead of communion, simply cross your arms over your chest. When finished, please exit to your right. Gluten free wafers are also available.

COMMUNION HYMNS

*Holy, holy, holy!
Savior, again to thy dear Name we raise*

HYMN 362

HYMN 345

SENDING FORTH OF THE EUCHARISTIC VISITORS

Celebrant In the name of God and on behalf of this parish, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood. We who are many are one body.
People Because we all share one bread, one cup.

POST COMMUNION PRAYER

BCP 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

The Lord bless you and keep you; the Lord make his face to shine upon you, and be gracious to you; the Lord lift up his countenance upon you, and give you peace. And the blessing of God Almighty, Father, Son and Holy Spirit be upon you and remain with you always. *Amen.*

CLOSING HYMN

I want to walk as a child of the light

HYMN 490

THE DISMISSAL

Celebrant Let us bless the Lord. Alleluia, alleluia.
People Thanks be to God. Alleluia, alleluia.

POSTLUDE

A Child of the Light Improvisation on a Hymn Tune

*Just as the Prelude is meant to quiet our hearts and prepare us for worship,
the Postlude is meant to ignite our spirits in reflection of the service
and prepare us to go out into the world and share what we have experienced.*

St. John's would like to welcome Glenn Lehman as our substitute organist this morning!

After getting a Master's in Music degree at Westminster Choir College, Glenn Lehman returned to Lancaster and founded and directed for four years the Lancaster Chamber Singers in 1978 with the cooperation of the late Frank McConnell. Since then, he initiated many other musical enterprises, including research into colonial hymn tunes. He served as music director at St. Peter's UCC (Wisdom's Table). Most recently he served a three-month interim organist post at Ascension Lutheran, Willow Street.

COFFEE



It's time to fill in our coffee hour volunteer slots for the new year. You can choose to help after either service or both- any help or greatly appreciated!



A sign-up link can be found on the church website

St. John's Traveler Letter:

Did you know St. John's has a team of pilgrims who travel every week to the very places we pray for in the Anglican communion? Follow John as he shares a little bit about the church and the places he visits:

Dear Amanda,

My travels this year continue to open my eyes to the beauty, messiness, humanity, and tragedy in the world, and I am learning to hold many truths at one time. I am writing to you today with a heavy and hopeful heart from Pakistan, the second largest country in Asia. The Islamic Republic of Pakistan was formed in 1947 after India was partitioned into two countries at the end of British colonial rule and created as a homeland for India's Muslim community.

Traveling in Pakistan is very difficult because many places are not safe. Since independence, this hauntingly beautiful country with lush green fields and snow-capped mountains, has struggled with political instability, extremism, economic stagnation, and conflict with its neighbors. Late last year, Pakistan suffered devastating floods, and millions continue to face food insecurity. Schools, hospitals, bridges roads, and rail networks across nearly one-third of the country were destroyed. Thousands of people are still homeless and have lost their livelihoods. These floods were the result of heavier than normal rains, melting glaciers, and record heat brought on by climate change, and some of the country's most vulnerable populations are bearing the brunt.

Yet I must tell you that there is hope. I have met with aid workers from around the world who are on the ground helping with relief efforts. The Church of Pakistan also has played a key role in humanitarian efforts, particularly in advancing economic and healthcare initiatives. The Church of Pakistan (United) is a united Protestant Church, which is part of the Anglican Communion and a member of the World Communion of Reformed Churches and the World Methodist Council. I learned that it is the only church in the world joining Lutherans, Anglicans, Methodists, and Presbyterians. Just over one percent of Pakistan's population is Christian.

My travels in Pakistan have been limited to the Punjab province, which is in the northeastern part of the country near the Indian border. I have spent most of my time in the small, but economically mighty city of Sialkot. Sialkot is known as the "football manufacturing capital of the world" because it produces 70% of the world's footballs! Now, I don't mean the footballs that the Philadelphia Eagles use! Most of the world uses the term "football" to describe what Americans call the game of soccer, and manufacturers in Sialkot have produced the footballs for several World Cup tournaments. On Sunday, I worshipped at the Holy Trinity Cathedral Church, which dates from the 1850s. It is a majestic building surrounded by lush green yards, and its red spire reaches to the sky.

Please pray for the people of Pakistan, particularly those impacted by environmental disasters. Please also pray for all people who face religious persecution around the world. Many churches and Christians in Pakistan have been targets for extremists. Attending church here is not without risk. I pray that you and my St. John's family are well and staying warm this winter season.

Your friend,
John Traveler

UPCOMING OPPORTUNITIES AT ST. JOHN'S:

TODAY

Coffee Hour to follow each service

8:00 AM Holy Eucharist: Rite I
9:30 AM Sunday School
10:15 AM Holy Eucharist: Rite II

**PLEASE CHECK THE MESSENGER
FOR INFORMATION ON EVENTS
HAPPENING THIS MONTH!**

MONDAY, JANUARY 30

6:00 PM Stewardship Committee

TUESDAY, JANUARY 31

1:30 PM Martha's Ministry
2:30 PM Food Pantry

FRIDAY, FEBRUARY 3

Rector's Day Off

WEDNESDAY, FEBRUARY 1

12:00 PM Healing Service
3:00 PM Eagle's Nest
7:00 PM Choir Rehearsal

SUNDAY, FEBRUARY 5

Scout Sunday
8:00 AM Holy Eucharist: Rite I
9:30 AM Sunday School
10:15 AM Holy Eucharist: Rite II

THURSDAY, FEBRUARY 2

9:00 AM Ministers' Meeting
2:30 PM Food Pantry
7:00 PM Handbell Choir Rehearsal

WEEKLY SUPPORT MINISTRIES

AA: Tuesdays at 6:00 PM
NA: Mon., Weds. & Fri. at 12:00 PM
NA: Thursdays & Saturdays at 6:30 PM

INCLEMENT WEATHER POLICY: In the case of inclement weather, St. John's will operate under the same guidelines as the Lancaster City School District. On weekends, we will notify the parish of closures through our website, email, and social media pages. Please check regularly and share updates with others as information becomes available.

JUNIOR USHER TRAINING: Any young person wanting to participate in Junior Ushering is invited to attend our training on Sunday, January 29 following the 10:15 A.M. service!

ONLINE AUCTION: Please bring your items valued at \$25 or more to the choir room to donate for the online auction at the dates and times listed below. Any questions about items can be directed to Leslie Morgan or Pam Loose.

Dates for dropping items off:

Wednesdays: Feb. 1 from 6–8PM

Sundays: Jan. 29 & Feb. 5 after each service

Lenten Reflections 2023

Dear St. John's family and friends,

In just a few short weeks, we will embark on our annual Lenten pilgrimage. For the past two years, we have offered a Lenten Devotional written by members of our community. Your reflections open the scriptures in such meaningful and holy ways.

With the season of Lent quickly approaching, I look forward to offering this gift a third year, but we're going to need your help! We are looking for 40 people to reflect on a daily scripture passage and write a short reflection to help us on our Lenten journeys. You don't need a theological degree or wear a collar to share your thoughts on scripture!

Following are the instructions for writing your reflections.

- Read your passage, pray, and write!
- Your reflection should be no longer than 200-250 words. Remember brief is beautiful!
- To submit your reflections, simply write the date and passage at the top of your submission and include your reflection below it.
- All reflections need to be emailed to amanda@stjohns-lancaster.org by FEBRUARY 10.
- Whatever is speaking to your heart is what you should write. Remember personal connections make scripture come alive for others. If you are really struggling with what to write, call me! I'd be happy to work through it with you.
- Make sure to write your name at the bottom of your reflection. (If you would like to remain anonymous we understand and will honor that, however we'd love to give credit where credit is due. I have found these writings to mean so much more when we know who they're coming from.)
- Finally, enjoy this process. This practice is designed to inspire conversations with God and with each other.

If you would like to contribute to the St. John's Lenten Reflection Book, please sign up on our website: www.stjohns-lancaster.org

And remember, there is no age limit to this spiritual practice. Children, youth, young adults, seasoned adults, and families are invited to participate!

I look forward to walking with you through this transformative season,
Amanda+



WELCOME

Welcome to St. John's Episcopal Church! We are glad you are here. Please tell us a little bit about yourself by filling out a pew card and placing it in the offertory plate.

OUR MINISTERS

All Baptized Members

The Rt. Rev. Dr. Audrey C. Scanlan, Diocesan Bishop

The Rev. Amanda Knouse, Rector
amanda@stjohns-lancaster.org

The Rev. Stacey Catigano, Deacon
scatigano@gmail.com

The Rev. Jen Trenary, Assistant Rector
jen@stjohns-lancaster.org

VESTRY

Mary Waskowicz (Senior Warden), Leslie Morgan (Junior Warden),
Marylee Sauder, Nick DiPace, Andy Welaish, Liz West, Ted Loose, Kathy Kyper

STAFF

Douglas Beach, Minister of Music & Communications
Martie & Brandy Walus, Bookkeepers
John Knouse, Property Manager
Stephanie Cabrera, Custodian
Ellia Osofsky, Nursery Care

PRIESTS AND CANONS ASSOCIATED WITH ST. JOHN'S

The Rev. Matt MacDougall
Canon William F. Honaman, DHL
The Rev. Faith D'Urbano
The Rev. Elizabeth Mollard

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