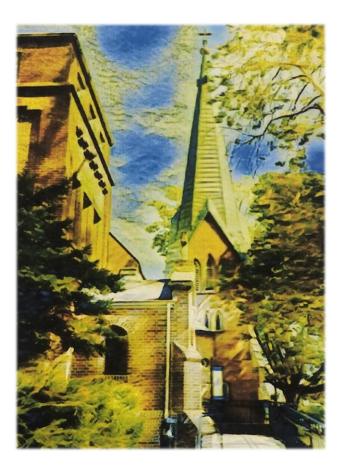
THE THIRD SUNDAY IN LENT HOLY EUCHARIST: RITE II MARCH 12TH AT 10:15 A.M.



Welcome to St. John's Episcopal Church! We pray you experience the love of God through our worship and fellowship. For those who are new to our community, restrooms can be found on the other side of the parish hall. Ushers are stationed at the back of the church and can answer any questions you may have. In addition to worship, opportunities for fellowship exist after each service. A nursery is available every Sunday for our littlest members next to the Parish Hall. Thank you for being here!

THE WORD OF GOD

WELCOME & ANNOUNCEMENTS

PRELUDE Tune: <i>Wondre</i>	ous Love	What Wondrous Love is This	Thomas Chesterton Southern Harmony, 1835
PROCESSION	AL HYMN	Jesus, Lover of my soul	HYMN 699
OPENING ACCLAMATION (please remain standing as you are able)			
Officiant People	Bless the Lord who forgives all our sins. His mercy endures for ever.		

THE DECALOGUE (please kneel as you are able)

BCP 350

Hear the commandments of God to his people: I am the Lord your God who brought you out of bondage. You shall have no other gods but me. *Amen. Lord have mercy.*

You shall not make for yourself any idol. *Amen. Lord have mercy.*

You shall not invoke with malice the Name of the Lord your God. *Amen. Lord have mercy.*

Remember the Sabbath Day and keep it holy. *Amen. Lord have mercy.*

Honor your father and your mother. *Amen. Lord have mercy.*

You shall not commit murder. *Amen. Lord have mercy.*

You shall not commit adultery. *Amen. Lord have mercy.*

You shall not steal. *Amen. Lord have mercy.* You shall not be a false witness. *Amen. Lord have mercy.*

You shall not covet anything that belongs to your neighbor. *Amen. Lord have mercy.*

Celebrant If we say that we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God is faithful and just to forgive our sins, and cleanse us from all unrighteousness. *1 John 1:8-9*

CONFESSION OF SIN

BCP 360

- *Celebrant* Let us confess our sins to God and our neighbor.
- PeopleMost merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.
- *Celebrant* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen*.

THE KYRIE

Hymnal S-89

THE COLLECT OF THE DAY

Celebrant	The Lord be with you.
People	And also with you.
Celebrant	Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

THE FIRST LESSON: Exodus 17:1-7 (please be seated)

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord.PeopleThanks be to God.



1 Come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation.

2 Let us come before his presence with thanksgiving * and raise a loud shout to him with psalms.

3 For the Lord is a great God, * and a great King above all gods. 4 In his hand are the caverns of the earth, * and the heights of the hills are his also. 5 The sea is his, for he made it, * and his hands have molded the dry land. 6 Come, let us bow down, and bend the knee, * and kneel before the Lord our Maker. 7 For he is our God. and we are the people of his pasture and the sheep of his hand. * Oh, that today you would hearken to his voice! 8 Harden not your hearts, as your forebears did in the wilderness, * at Meribah, and on that day at Massah, when they tempted me. 9 They put me to the test, * though they had seen my works. 10 Forty years long I detested that generation and said, * "This people are wayward in their hearts; they do not know my ways." 11 So I swore in my wrath, * "They shall not enter into my rest."

THE EPISTLE: Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

	The Word of the Lord.
People	Thanks be to God.

GRADUAL HYMN

Just as I am

vs. 1-4 before the Gospel Reading, vs. 5-6 after the Gospel Reading

THE HOLY GOSPEL: John 4:5-42 (please remain standing as you are able)

CelebrantThe Holy Gospel of our Lord Jesus Christ according to John.PeopleGlory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

	The Gospel of the Lord.
People	Praise to you, Lord Christ.

SERMON

THE REV. AMANDA KNOUSE

THE NICENE CREED (please stand as you are able)

BCP 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. (*pause*) For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE (please kneel as you are able)**BCP 387**

In peace, let us pray to the Lord, saying, "Lord, have mercy."

For the holy Church of God, especially St. John's, Marietta; St. John's, Westfield; and The Church of South India, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord. *Lord, have mercy.*

For Michael our Presiding Bishop, for Audrey our own Bishop, for all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord. *Lord, have mercy.*

For all who fear God and believe in you, Lord Christ, that our divisions may cease, and that all may be one as you and the Father are one, we pray to you, O Lord. *Lord, have mercy.*

For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord. *Lord, have mercy.*

For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord. *Lord, have mercy.*

For those in positions of public trust especially Joe, our President; Josh, our Governor; and Danene, our Mayor, that they may serve justice, and promote the dignity and freedom of every person, we pray to you, O Lord. *Lord, have mercy.*

For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord. *Lord, have mercy.*

For this congregation, for those who are present, and for those who are absent, especially Ellen Keller, Nancy Nemith, Peter Plaxa, Ricky Smith, Joanna Sweeney, Al Kuser, Mary Sue Farmer, Ellen Sellers, Edith Kane, Merle Schnee, Carol Greenfield, Sandy Grove, and Carol Humphrey, that we may show forth your glory in all that we do, we pray to you, O Lord. *Lord, have mercy.*

For all who have commended themselves to our prayers; for our families, friends, and neighbors; especially Claire Phillips, Charlie Rahe, Kate, Nancy Strasburg, Debbie Carter, Justin and Lisa, Paula Wolf, Colleen, Ella, Rich Garon, Jared Pham, Suzanne Ail, Pat Pankey, Mollie Walsh, Mary Byrley, Tanner Sexton that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord. *Lord, have mercy.*

For all who have died in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord. *Lord, have mercy.*

Rejoicing in the fellowship of all the saints, let us commend ourselves, and one another, and all our life to Christ our God. *To you, O Lord our God.*

For yours is the majesty, O Father, Son, and Holy Spirit; yours is the kingdom and the power and the glory, now and for ever. *Amen*.

THE PEACE

CelebrantThe peace of the Lord be always with you.PeopleAnd also with you.

THE HOLY EUCHARIST

THE OFFERTORY

If ye love me

Thomas Tallis

If ye love me, keep my commandments, and I will pray the Father, and he shall give you another comforter, that he may bide with you forever, e'en the spirit of truth.

PRESENTATION HYMN

Eternal Lord of love

HYMNAL 149, vs. 2

THE GREAT THANKSGIVING: Eucharistic Prayer A

Celebrant	The Lord be with you.
People	And also with you.
Celebrant	Lift up your hearts.
People	We lift them to the Lord.
Celebrant	Let us give thanks to the Lord our God.
People	It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

THE SANCTUS

Holy, Holy, Holy Lord, God of power and might heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord. Hosanna in the highest.

(During Lent, it is customary to kneel during the Eucharistic Prayer)

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

THE LORD'S PRAYER

HYMNAL S-149

And now, as our Savior Christ has taught us, we are bold to sing,

THE BREAKING OF THE BREAD

BCP 365

BCP 365

CelebrantChrist our Passover is sacrificed for us;PeopleTherefore let us keep the feast.

THE INVITATION

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

ADMINISTRATION OF COMMUNION

The Episcopal Church invites all to our Lord's table. If you wish to receive, please come forward to the altar rail when the usher indicates. If you desire a blessing instead of communion, simply cross your arms over your chest. When finished, please exit to your right. Gluten free wafers are also available.

COMMUNION HYMNS	O for a closer walk with God	HYMN 683
	Before thy throne	Hymn 574

SENDING FORTH OF THE EUCHARISTIC VISITORS

CelebrantIn the name of God and on behalf of this parish, I send you forth bearing
these holy gifts, that those to whom you go may share with us in the
communion of Christ's body and blood. We who are many are one body.PeopleBecause we all share one bread, one cup.

POST COMMUNION PRAYER

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

Merciful God, you called us forth from the dust of the earth; you claimed us for Christ in the waters of baptism. Look upon us as we journey through these Forty Days, and bless our journey through the desert of Lent to the font of rebirth. May our fasting be hunger for justice; our alms, a making of peace; our prayer, the chant of humble and grateful hearts. And the blessing of God Almighty, Father, Son and Holy Spirit be among you and remain with you always. *Amen*.

CLOSING HY	XMNThe Church's one foundation	Hymn 525
THE DISMIS	SAL	
Celebrant People	Let us go forth in the name of Christ. <i>Thanks be to God</i> .	
POSTLUDE	<i>To Spring</i> from 6 Lyric Pieces, Op. 43.	Edvard Grieg

EUCHARISTIC VISITOR TRAINING

Do you ever wonder about the folks who come up during worship right after communion and carry those black boxes out with them? Do you know about Lay Eucharistic Visitors, and want to learn more about what they do, or even see if it might be a ministry that is right for you? We have a unique opportunity coming up! Our very own Archdeacon Jane Miron is leading a training for LEV's at St. Thomas on 3/18/23 from 9:00 AM-12:00 PM. Lay Eucharistic Visitors have the holy task of taking the bread and wine from Holy Eucharist to friends and neighbors in the community who are unable to make it to worship in person. This training will provide an opportunity to ask questions about this ministry, learn the importance of sharing the Holy Sacrament within the community, and how to go about doing it! This training is NOT just for those who want to commit to being in this ministry. It's an opportunity to learn, support, and discern if this might something you are called to. Those who have been active in this ministry are also asked to attend to refresh our practices and connect with each other. We will also update any paperwork we need for the Diocese. Materials for St. John's folks will be provided. Everyone interested should email Jen Trenary at jen@stjohns-lancaster.org to get signed up.

St. John's Traveler Letter:

Did you know St. John's has a team of pilgrims who travel every week to the very places we pray for in the Anglican communion? Follow John as he shares a little bit about the church and the places he visits:

Dear Pastor Amanda,

Hello from the other side of the world! I've spent this week in Southern India where even though its still officially "winter," the temperature reached 100 degrees yesterday. Here in the city of Hyderabad, many people have some sort of air conditioning or fans at the very least, but the same cannot be said for some of the villages I've seen around Hyderabad. Some people spray water on their windows to keep their houses cool, and others take matters into their own hands by trying to attach their own hooks to the power lines running on the streets to connect to the grid.

All over this area of the world, there's a huge difference between people who live in cities versus the countryside and between men and women in how they get their power, how they get their food, how they are treated on the street. Here in South India, the church is doing what it can to bring people together and raise up people of all backgrounds – starting with the church itself. In 1947, just after India became independent from the United Kingdom, four different churches – Anglican (or Episcopal), Congregational, Presbyterian, and Methodist -- came together to form the Church of South India. Together, all four of these churches have been working with people all over the country to help those affected by the heat and to improve the lives of all people.

Earlier this week, I was able to spend some time with the Church's bishop, Eggoni Pushpalalitha, the first female bishop in India. At one time, she was one of only four female priests in all of India, and I asked her what it was like for her then and now. "We're first humans and then male or female," she said. "In God's mission there is no difference at all." Whether it comes to becoming a priest or getting electricity in their homes, I couldn't agree more!

I hope all is well in Lancaster and I send God's blessings to everyone during this time of preparation and reflection.

John Traveler

UPCOMING OPPORTUNITIES AT ST. JOHN'S:

TODAY

Coffee Hour to follow each service8:00 AMHoly Eucharist: Rite I

- 9:30 AM Sunday School & Youth Group
- 10:15 AM Holy Eucharist: Rite II
- 7:00 PM Service of Light & Hope

TUESDAY, MARCH 14

1:30 PM Martha's Ministry

- 2:30 PM Food Pantry
- 4:00 PM Finance Committee
- 4:00 PM Neighborhood Prayer Walk

WEDNESDAY, MARCH 15

- 12:00 PM Healing Service
- 3:00 PM Eagle's Nest
- 6:30 PM Youth Group
- 7:00 PM Chancel Choir Rehearsal

THURSDAY, MARCH 16

- 9:00 AM Ministers' Meeting
- 2:30 PM Food Pantry
- 6:30 PM Men's Gathering
- 7:00 PM Handbell Choir Rehearsal

PLEASE CHECK THE MESSENGER FOR INFORMATION ON EVENTS HAPPENING THIS MONTH!

FRIDAY, MARCH 17

Rector's Day Off

SATURDAY, MARCH 18

9:00 AM Lay Eucharistic Visitor Training (St. Thomas)

SUNDAY, MARCH 19

8:00 AM	Holy Eucharist: Rite I
9:30 AM	Sunday School
10:15 AM	Holy Eucharist: Rite II

WEEKLY SUPPORT MINISTRIES

AA: Tuesdays at 6:00 PM NA: Mon., Weds. & Fri. at 12:00 PM NA: Thursdays & Saturdays at 6:30 PM

FOOD PANTRY NEEDED ITEMS FOR THIS WEEK: Size 5, 6 Diapers, Facial Tissues, Canned Chicken, and Pasta Sauce (please avoid glass jars) - Thank you, St. John's!

NEIGHBORHOOD PRAYER WALK – MARCH 14 @ **4:00 PM**: Please join us for our weekly prayer walks! We meet in the courtyard at 4:00 PM every Tuesday. This week our walk will take us by sacred spaces of learning and growth.

MEN'S GATHERING – MARCH 16 @ 6:30 PM: Join the men of the parish for a potluck and evening of discussion. Please bring a dish to share. We'll meet in the parish hall.

SPRING CLEANUP: MARCH 25 @ **9:00 AM:** Mark your calendars for our Spring Cleanup! Many hands make light work. Bring gloves, rakes, and any other tools that might be helpful. We will be working inside and outside.

WELCOME

Welcome to St. John's Episcopal Church! We are glad you are here. Please tell us a little bit about yourself by filling out a pew card and placing it in the offertory plate.

OUR MINISTERS

All Baptized Members

The Rt. Rev. Dr. Audrey C. Scanlan, Diocesan Bishop

The Rev. Amanda Knouse, Rector amanda@stjohns-lancaster.org

The Rev. Jen Trenary, Assistant Rector jen@stjohns-lancaster.org

The Rev. Stacey Catigano, Deacon scatigano@gmail.com

VESTRY

Mary Waskowicz (Senior Warden), Leslie Morgan (Junior Warden), Marylee Sauder, Nick DiPace, Andy Welaish, John Modene Liz West, Ted Loose, Kathy Kyper

STAFF

Douglas Beach, Minister of Music & Communications Martie & Brandy Walus, Bookkeepers John Knouse, Property Manager Stephanie Cabrera, Custodian Ellia Osofsky, Nursery Care

PRIESTS AND CANONS ASSOCIATED WITH ST. JOHN'S

The Rev. Matt MacDougall Canon William F. Honaman, DHL The Rev. Faith D'Urbano The Rev. Elizabeth Mollard

GROW IN GOD, ACT IN SERVICE, WITNESS IN LOVE WWW.STJOHNS-LANCASTER.ORG / 717.299.1188