

**THE SIXTH SUNDAY AFTER PENTECOST**  
**HOLY EUCHARIST: ENRICHING OUR WORSHIP**



**SUNDAY, JULY 9<sup>TH</sup>**  
**9:00 A.M.**

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## **WELCOME TO ST. JOHN'S EPISCOPAL CHURCH**

St. John's is an Open and Affirming congregation. In faithfulness to Jesus and His commandment to love our neighbors as ourselves, we invite everyone to celebrate with us in the full life and ministry of the Church. We believe strongly in our mission statement to Grow in God, Act in Service, and Witness in Love.

### **A NOTE ABOUT OUR WORSHIP**

Throughout the summer, we will gather as one for worship each week at 9:00 A.M. This summer, we are using Enriching our Worship, commissioned by the Standing Committee for Liturgy, for our Sunday worship service.

Enriching our Worship, or EOW, is part of an ongoing process of listening to what the Spirit is saying to the Church through the diverse experience of those who gather to worship and to celebrate the sacramental rites which fashion and identify us as the People of God. Our musical selections come from one of three resources: The 1982 Hymnal, Lift Every Voice and Sing, and Wonder, Love, and Praise. We pray you experience the love of God through our worship and fellowship.

### **TO THOSE WHO MAY BE NEW OR ARE VISITING**

We are so glad you are here! Ushers are stationed at the back of the church and can answer any questions you may have or please ask a neighbor in the next pew. Restrooms can be found on the other side of the Parish Hall. In addition to worship, opportunities for fellowship exist after the service in the courtyard. A nursery is available every Sunday for our littlest members next to the Parish Hall. Thank you for being here!

## THE WORD OF GOD

### WELCOME & ANNOUNCEMENTS

#### PRELUDE

*My Faith Looks Up to Thee*

Franklin Ritter

Tune: OLIVET

Lowell Mason

**Lowell Mason** (January 8, 1792 – August 11, 1872) was an American music director and banker who was a leading figure in 19th-century American church music. Lowell composed over 1600 hymn tunes, many of which are often sung today. His best-known work includes an arrangement of *Joy to the World* and the tune *Bethany*, which sets the hymn text *Nearer, My God, to Thee*. Mason also set music to *Mary Had A Little Lamb*. He is largely credited with introducing music into American public schools, and is considered the first important U.S. music educator. He has also been criticized for helping to largely eliminate the robust tradition of participatory sacred music that flourished in America before his time.

#### PROCESSIONAL HYMN

*Come, thou almighty King*

**HYMN 365**

#### OPENING ACCLAMATION (*please rise in body or spirit*)

*Officiant* Blessed be the one, holy, and living God.

*People* *Glory to God for ever and ever.*

#### COLLECT FOR PURITY

**BCP 355**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.  
*Amen.*

#### GLORIA

*Glory to God*

**S-280**

#### THE COLLECT OF THE DAY

*Celebrant* God be with you.

*People* *And also with you.*

*Celebrant* Let us pray.

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

**THE FIRST LESSON:** Genesis 24:34-38, 42-29, 58-67 (*please be seated*)

The servant said to Laban, “I am Abraham’s servant. The Lord has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. And Sarah my master’s wife bore a son to my master when she was old; and he has given him all that he has. My master made me swear, saying, ‘You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live; but you shall go to my father’s house, to my kindred, and get a wife for my son.’

“I came today to the spring, and said, ‘O Lord, the God of my master Abraham, if now you will only make successful the way I am going! I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, “Please give me a little water from your jar to drink,” and who will say to me, “Drink, and I will draw for your camels also” —let her be the woman whom the Lord has appointed for my master’s son.’

“Before I had finished speaking in my heart, there was Rebekah coming out with her water jar on her shoulder; and she went down to the spring, and drew. I said to her, ‘Please let me drink.’ She quickly let down her jar from her shoulder, and said, ‘Drink, and I will also water your camels.’ So I drank, and she also watered the camels. Then I asked her, ‘Whose daughter are you?’ She said, ‘The daughter of Bethuel, Nahor’s son, whom Milcah bore to him.’ So I put the ring on her nose, and the bracelets on her arms. Then I bowed my head and worshiped the Lord, and blessed the Lord, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master’s kinsman for his son. Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left.”

And they called Rebekah, and said to her, “Will you go with this man?” She said, “I will.” So they sent away their sister Rebekah and her nurse along with Abraham’s servant and his men. And they blessed Rebekah and said to her, “May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes.” Then Rebekah and her maids rose up, mounted the camels, and followed the man; thus the servant took Rebekah, and went his way. Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb. Isaac went out in the evening to walk in the field; and

looking up, he saw camels coming. And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel, and said to the servant, "Who is the man over there, walking in the field to meet us?" The servant said, "It is my master." So she took her veil and covered herself. And the servant told Isaac all the things that he had done. Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother's death.

Hear what the Spirit is saying to God's people.

*People*

*Thanks be to God.*

### **PSALM 45:11-18**

- 11 "Hear, O daughter; consider and listen closely; \*  
forget your people and your father's house.
- 12 The king will have pleasure in your beauty; \*  
he is your master; therefore do him honor.
- 13 The people of Tyre are here with a gift; \*  
the rich among the people seek your favor."
- 14 All glorious is the princess as she enters; \*  
her gown is cloth-of-gold.
- 15 In embroidered apparel she is brought to the king; \*  
after her the bridesmaids follow in procession.
- 16 With joy and gladness they are brought, \*  
and enter into the palace of the king.
- 17 "In place of fathers, O king, you shall have sons; \*  
you shall make them princes over all the earth.
- 18 I will make your name to be remembered  
from one generation to another; \*  
therefore nations will praise you for ever and ever."

### **THE EPISTLE: Romans 7:15-25a**

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

Hear what the Spirit is saying to God's people.

*People*                    *Thanks be to God.*

**GRADUAL HYMN**

*Blessed Jesus, at thy word*

**HYMN 440**

*vs. 1 & 2 before the Gospel reading, vs. 3 after the Gospel reading*

**THE HOLY GOSPEL:** Matthew 11:16-19, 25-30 (*please rise in body or spirit*)

*Celebrant*            The Holy Gospel of our Lord Jesus Christ according to Matthew.

*People*                    *Glory to you, Lord Christ.*

Jesus said to the crowd, "To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, 'We played the flute for you, and you did not dance; we wailed, and you did not mourn.' For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds." At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

The Gospel of the Lord.

*People*                    *Praise to you, Lord Christ.*

**SERMON**

THE REV. JEN TRENARY

**THE NICENE CREED** (*please rise in body or spirit*)

**BCP 358**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made, of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man. (*pause*)  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son  
he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

Let us pray for the Church and for the world. Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. In the Diocesan and Anglican cycle of prayer, we pray for Mt. Calvary Episcopal Church, Camp Hill and The Anglican Church of Burundi.

God of love and mercy,

*Hear our prayer.*

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. We pray especially for Joe, our president; Josh, our Governor; Danene, our mayor; and those serving in the Armed Forces. God of love and mercy,

*Hear our prayer.*

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. God of love and mercy,

*Hear our prayer.*

Bless all whose lives are closely linked with ours, especially our friends at home; we pray for Ellen Keller, Nancy Nemith, Peter Plaxa, Ricky Smith, Joanna Sweeney, Al Kuser, Mary Sue Farmer, Ellen Sellers, Edith Kane, Merle Schnee, Carol Greenfield, Sandy Grove, Carole Humphrey, Tiny Nolan, Darlene Bentley, Carolyn Archer, and Peggy Zuke. Grant that we may serve Christ in them and love one another as he loves us.

God of love and mercy,

*Hear our prayer.*

Comfort and heal all those who suffer in body, mind, or spirit especially Claire Phillips, Kate, Nancy Strasburg, Debbie Carter, Justin and Lisa, Paula Wolf, Pat Pankey, Ella & Colleen, Matt Patterson, Michael Yoder, Carmen, Michael Stank, Bati, and Marvin and Liz Lyons; give them courage and hope in their troubles, and bring them the joy of your salvation. God of love and mercy,

*Hear our prayer.*

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

God of love and mercy,

*Hear our prayer.*







On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: “Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

*Christ has died.*

*Christ is risen.*

*Christ will come again.*

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with St. John and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. AMEN.

## **THE LORD’S PRAYER**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,

and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

## THE BREAKING OF THE BREAD

BCP 365

*Celebrant* Alleluia. Christ our Passover is sacrificed for us;  
*People* Therefore let us keep the feast. Alleluia.

## THE INVITATION

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## ADMINISTRATION OF COMMUNION

*The Episcopal Church invites all who seek God to our Lord's table. Hold out your hands to receive the bread. The wine is administered in two chalices: the common cup for drinking and the intinction cup for dipping your wafer into the wine. If you do not wish to receive the wine, cross your arms over your chest when the wine passes. If you desire a blessing instead of communion, simply cross your arms over your chest. Gluten free wafers are also available.*

COMMUNION HYMNS *Savior, again to thy dear Name we raise*  
*My God, thy table now is spread*

HYMN 345

HYMN 321

## SENDING FORTH OF THE EUCHARISTIC VISITORS

*Celebrant* In the name of God and on behalf of this parish, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.  
*People* We, who are many, are one body, because we all share one bread, one cup.

## POST COMMUNION PRAYER

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

## THE BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. *Amen.*

## CLOSING HYMN

*Christ is the world's true Light*

**HYMN 542**

## THE DISMISSAL

*Celebrant* Let us go in peace to love and serve the Lord. Alleluia, alleluia.  
*People* Thanks be to God. Alleluia, alleluia.

## POSTLUDE

*Fantasia on Duke Street*

David Paxton

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### SOUTH CENTRAL PENN ALTERNATIVES TO VIOLENCE PROJECT 2023 BASIC WORKSHOP ([avpusa.org](http://avpusa.org))

#### When:

Fri. July 14 5:30 pm -8:30 pm

Sat. July 15 8:30 am - 5:30 pm Where: St. John's Episcopal Church Lancaster, PA

Sun. July 16 11:00 am - 6:00 pm

[www.avpusa.org](http://www.avpusa.org)

Email [jdigarbo@gmail.com](mailto:jdigarbo@gmail.com) with name, phone & email address and any questions and/or special request(s).

Suggested donation range: \$0 to 40. Make check payable to AVP South Central Penn Council.



### **St. John's Traveler Letter:**

Did you know St. John's has a team of pilgrims who travel every week to the very places we pray for in the Anglican communion? Follow John as he shares a little bit about the church and the places he visits:

Dear Pastor Amanda,

My travels this week have taken me halfway across the world from Brazil to Burundi, an African nation of 10 million people that once was a Belgian colony. Burundi is located in East Africa between Tanzania, Rwanda, Kenya, and Congo, and I am writing to you from its capital of Bujumbura. Bujumbura is part of Burundi's mountainous region, and it is a bustling city with a growing restaurant scene. Earlier this week, I was delighted to attend a performance by Burundian drummers, known as atabimbo. Wooden drums are unique part of Burundian culture, and the ritual Burundian drum dance was placed on UNESCO's Intangible Cultural Heritage List in 2014. Burundi is also working to become a destination for ecotourism, which is no surprise given its lush rainforests and abundant wildlife reserves.

I am humbled to be here, because I see a spirit of hope and reconciliation among the people of Burundi, who have suffered from years of conflict, political instability, and severe economic challenges since becoming independent in 1962. Outside of the capital, many areas are unsafe because of violent crime, and hundreds of thousands of Burundians over the years have been refugees or internally displaced. Burundi is one of the poorest countries in the world, and it is heavily reliant on international aid.

The Anglican Church in Burundi plays a vital role here in many ways. In the 1930s, the first Anglican missions arrived from neighboring Rwanda and focused on ministering to the sick and needy, evangelism, and education. The Church's mission here has expanded to conflict resolution, peace building, reconciliation, and strengthening the status and protection of women. In 2020, a young Burundian woman named Martine Dushime was one of eight Anglican women selected as part of the Anglican Communion's delegation to the 64th annual meeting of the UN Commission on the Status of Women.

I thank God for this wonderful, unique opportunity to explore the world. I see more and more how experiencing new cultures and sharing our stories with each other bring us all closer to God and to each other. Please keep the people of Burundi in your prayers as they work together create a new future for their country. I have been truly blessed by the warm, inspirational people I have met here.

Your friend, John Traveler

## UPCOMING OPPORTUNITIES AT ST. JOHN'S:

### TODAY

9:00 AM Holy Eucharist  
10:15AM Fellowship Hour  
10:30 AM Adult Forum

**PLEASE CHECK THE MESSENGER  
FOR INFORMATION ON EVENTS  
HAPPENING THIS MONTH!**

### TUESDAY, JULY 11

1:30 PM Martha's Ministry  
2:30 PM Food Pantry  
4:00 PM Finance Committee

### SATURDAY, JULY 15

9:00 AM Community Breakfast  
at First Reformed

### WEDNESDAY, JULY 12

12:00 PM Healing Service

### SUNDAY, JULY 16

9:00 AM Holy Eucharist  
10:15 AM Fellowship Hour  
10:30 AM Adult Forum

### THURSDAY, JULY 13

9:00 AM Ministers' Meeting  
2:30 PM Food Pantry

### WEEKLY SUPPORT MINISTRIES

AA: Tues. at 6:00 PM, Sat. at 6:30 PM  
NA: Mon., Weds. & Fri. at 12:00 PM  
NA: Thursdays & Saturdays at 6:30 PM

### FRIDAY, JULY 14

*Rector's Day Off*



**Transforming**  
QUESTIONS

### **SUNDAYS AT 10:30 A.M. IN THE ALL PURPOSE ROOM**

Transforming Questions helps to build community among those who are seekers and those who are members, those who are questioning for the first time and those who are questioning for the thousandth time. Together we will find that wherever we come from, we share the same questions; together we will discover, not easy answers, but the still, small voice of God, speaking in our very midst.

### **RAIN BARRELS!**

St. John's, in partnership with Pennsylvania Interfaith Power & Light, has the opportunity to receive several FREE rain barrels for folks in our community. A recorded training session is required. They will be available for pick-up on Friday, July 14th. If you are interested, please submit a request <https://forms.gle/6g685nTQrRPrLgyv5> by Wednesday, July 12th. For questions contact [info@paipl.org](mailto:info@paipl.org)

## **WELCOME**

Welcome to St. John's Episcopal Church! We are glad you are here. Please tell us a little bit about yourself by filling out a pew card and placing it in the offertory plate.

## **OUR MINISTERS**

All Baptized Members

The Rt. Rev. Dr. Audrey C. Scanlan, Diocesan Bishop

The Rev. Amanda Knouse, Rector  
amanda@stjohns-lancaster.org

The Rev. Jen Trenary, Assistant Rector  
jen@stjohns-lancaster.org

The Rev. Stacey Catigano, Deacon  
scatigano@gmail.com

## **VESTRY**

Mary Waskowicz (Senior Warden), Leslie Morgan (Junior Warden),  
Nick DiPace, Andy Welaish, John Modene  
Liz West, Ted Loose, Kathy Kyper

## **STAFF**

Douglas Beach, Minister of Music & Communications  
Dana Sanborn, Bookkeeper  
John Knouse, Property Manager  
Stephanie Cabrera, Custodian  
Ellia Osofsky, Nursery Care

## **PRIESTS AND CANONS ASSOCIATED WITH ST. JOHN'S**

The Rev. Matt MacDougall  
Canon William F. Honaman, DHL  
The Rev. Faith D'Urbano  
The Rev. Elizabeth Mollard

**GROW IN GOD, ACT IN SERVICE, WITNESS IN LOVE**  
**[WWW.STJOHNS-LANCASTER.ORG](http://WWW.STJOHNS-LANCASTER.ORG) / 717.299.1188**