

**THE TWELFTH SUNDAY AFTER PENTECOST**  
**HOLY EUCHARIST: ENRICHING OUR WORSHIP**



**SUNDAY, AUGUST 20<sup>TH</sup>**  
**9:00 A.M.**

---

## **WELCOME TO ST. JOHN'S EPISCOPAL CHURCH**

St. John's is an Open and Affirming congregation. In faithfulness to Jesus and His commandment to love our neighbors as ourselves, we invite everyone to celebrate with us in the full life and ministry of the Church. We believe strongly in our mission statement to Grow in God, Act in Service, and Witness in Love.

### **A NOTE ABOUT OUR WORSHIP**

Throughout the summer, we will gather as one for worship each week at 9:00 A.M. We are using Enriching our Worship, commissioned by the Standing Committee for Liturgy, for our Sunday worship service.

Enriching our Worship, or EOW, is part of an ongoing process of listening to what the Spirit is saying to the Church through the diverse experience of those who gather to worship and to celebrate the sacramental rites which fashion and identify us as the People of God. Our musical selections come from one of three resources: The 1982 Hymnal, Lift Every Voice and Sing, and Wonder, Love, and Praise. We pray you experience the love of God through our worship and fellowship.

### **TO THOSE WHO MAY BE NEW OR ARE VISITING**

We are so glad you are here! Ushers are stationed at the back of the church and can answer any questions you may have or please ask a neighbor in the next pew. Restrooms can be found on the other side of the Parish Hall. In addition to worship, opportunities for fellowship exist after the service in the courtyard. A nursery is available every Sunday for our littlest members next to the Parish Hall. Thank you for being here!



himself known to his brothers. And he wept so loudly that the Egyptians heard it, and the household of Pharaoh heard it. Joseph said to his brothers, “I am Joseph. Is my father still alive?” But his brothers could not answer him, so dismayed were they at his presence.

Then Joseph said to his brothers, “Come closer to me.” And they came closer. He said, “I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, ‘Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children’s children, as well as your flocks, your herds, and all that you have. I will provide for you there—since there are five more years of famine to come—so that you and your household, and all that you have, will not come to poverty.’ And now your eyes and the eyes of my brother Benjamin see that it is my own mouth that speaks to you. You must tell my father how greatly I am honored in Egypt, and all that you have seen. Hurry and bring my father down here.” Then he fell upon his brother Benjamin’s neck and wept, while Benjamin wept upon his neck. And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

Hear what the Spirit is saying to God’s people.

*People*

*Thanks be to God.*

### **PSALM 133**

- 1 Oh, how good and pleasant it is, \*  
    when brethren live together in unity!
- 2 It is like fine oil upon the head \*  
    that runs down upon the beard,
- 3 Upon the beard of Aaron, \*  
    and runs down upon the collar of his robe.
- 4 It is like the dew of Hermon \*  
    that falls upon the hills of Zion.
- 5 For there the Lord has ordained the blessing: \*  
    life for evermore.

**THE EPISTLE:** Romans 11:1-2a, 29-32

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew.

For the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

Hear what the Spirit is saying to God's people.

*People Thanks be to God.*

**GRADUAL HYMN**

*Help us, O Lord*

**HYMN 628**

*Verse 1 & 2 before the Gospel reading; verse 3 after the Gospel reading*

**THE HOLY GOSPEL:** Matthew 15:10-28 (*please rise in body or spirit*)

*Celebrant* The Holy Gospel of our Lord Jesus Christ according to Matthew.

*People* *Glory to you, Lord Christ.*

Jesus called the crowd to him and said to them, "Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles." Then the disciples approached and said to him, "Do you know that the Pharisees took offense when they heard what you said?" He answered, "Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit." But Peter said to him, "Explain this parable to us." Then he said, "Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile."

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at

all. And his disciples came and urged him, saying, “Send her away, for she keeps shouting after us.” He answered, “I was sent only to the lost sheep of the house of Israel.” But she came and knelt before him, saying, “Lord, help me.” He answered, “It is not fair to take the children’s food and throw it to the dogs.” She said, “Yes, Lord, yet even the dogs eat the crumbs that fall from their masters’ table.” Then Jesus answered her, “Woman, great is your faith! Let it be done for you as you wish.” And her daughter was healed instantly.

The Gospel of the Lord.

*People*

*Praise to you, Lord Christ.*

**SERMON**

THE REV. STACEY CATIGANO

**THE NICENE CREED** (*please rise in body or spirit*)

**BCP 358**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made, of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man. (*pause*)  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son  
he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## **PRAYERS OF THE PEOPLE**

**BCP 388**

Let us pray for the Church and for the world. Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. In the Diocesan and Anglican cycle of prayer, we pray for Christ Episcopal Church, Coudersport; and The Church of England. God of love and mercy,  
*Hear our prayer.*

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. We pray especially for Joe, our president; Josh, our Governor; Danene, our mayor; and those serving in the Armed Forces. God of love and mercy,  
*Hear our prayer.*

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. God of love and mercy,  
*Hear our prayer.*

Bless all whose lives are closely linked with ours, especially our friends at home; we pray for Ellen Keller, Nancy Nemith, Peter Plaxa, Ricky Smith, Joanna Sweeney, Al Kuser, Mary Sue Farmer, Ellen Sellers, Edith Kane, Merle Schnee, Carol Greenfield, Sandy Grove, Carole Humphrey, Tiny Nolan, Darlene Bentley, Peggy Zuke, and Paula Wolf. Grant that we may serve Christ in them and love one another as he loves us. God of love and mercy,  
*Hear our prayer.*

Comfort and heal all those who suffer in body, mind, or spirit especially Claire Phillips & Michael Stank, Debbie Carter, Pat Pankey, Jeannie Zeller, Kate, Nancy Strasburg, Justin & Lisa, Ella & Colleen, Matt Patterson, Michael Yoder, Carmen, Sharon Engle, Rachel Precise, Mike Patrone, Maggie Selviz, Angie Stamm, Kathy Novosel, Kent Strickler and

Maria Sauder; give them courage and hope in their troubles, and bring them the joy of your salvation. God of love and mercy,  
*Hear our prayer.*

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.  
God of love and mercy,  
*Hear our prayer.*

*Officiant* Almighty and eternal God, ruler of all things in heaven and earth:  
Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. *Amen.*

### **CONFESSION OF SIN**

*Celebrant* Let us confess our sins to God.

God of all mercy,  
we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.  
We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.  
Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.

*Celebrant* Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

### **THE PEACE**

*Celebrant* The peace of Christ be always with you.  
*People* *And also with you.*



## A LITANY FOR BACK TO SCHOOL

*One* Together we are the body of Christ,  
*All* *and we belong to each other.*

*One* We share our joys, laughter, and hopes,  
*All* *we share our fears and challenges.*

*One* When we share what is good,  
*All* *it is multiplied.*

*One* When we share what is hard,  
*All* *the load is divided.*

*One* In our schools and communities,  
*All* *may we learn and grow.*

*One* In our classes and groups,  
*All* *may we show support and build each other up.*

*One* In our homes and families,  
*All* *may we embody care and spark love.*

*One* Together we are the body of Christ,  
*All* *and we belong to each other.*

O God, whose love encompasses all, as we start this new school year, we offer ourselves to you. Work through us—so that together we may be more than we are on our own. We pray for our students, teachers, school staff, and administrators. Through all the lessons, relationships, and experiences, may they know your unfailing love and their connection to this church family. Like the multitude of colors and shapes that make up our stained-glass windows, you have made each person unique and beautiful. Help us to see how we fit together, with no piece more important or less than another, creating a masterpiece of love. As we go out into the world, let us feel connected to you—the One in whom we live and move and have our being, the One who created all things, the One who loves us completely. Bless these students, supplies, backpacks, and the upcoming school year in the name of the Father, and of the Son, and of the Holy Spirit. *Amen.*

## THE HOLY EUCHARIST

### THE OFFERTORY

*How Firm a Foundation*

Lani Smith

### PRESENTATION HYMN

*Praise, my soul, the King of heaven  
(Please rise in body or spirit)*

**HYMN 410 vs. 1**

### THE GREAT THANKSGIVING: Enriching our Worship: Prayer 1

*Celebrant* The Lord be with you.

*People* And also with you.

*Celebrant* Lift up your hearts.

*People* We lift them to the Lord.

*Celebrant* Let us give thanks to the Lord our God.

*People* It is right to give God thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

### THE SANCTUS

*Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.*

**S-125**

*Hosanna in the highest.*

*Blessed is he who comes in the name of the Lord.*

*Hosanna in the highest.*

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: “Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

*Christ has died.*

*Christ is risen.*

*Christ will come again.*

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with St. John and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. AMEN.

## **THE LORD’S PRAYER**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

### **THE BREAKING OF THE BREAD**

**BCP 365**

*Celebrant* Alleluia. Christ our Passover is sacrificed for us;  
*People* Therefore let us keep the feast. Alleluia.

### **THE INVITATION**

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### **ADMINISTRATION OF COMMUNION**

*The Episcopal Church invites all who seek God to our Lord's table. Hold out your hands to receive the bread. The wine is administered in two chalices: the common cup for drinking and the intinction cup for dipping your wafer into the wine. If you do not wish to receive the wine, cross your arms over your chest when the wine passes. If you desire a blessing instead of communion, simply cross your arms over your chest. Gluten free wafers are also available.*

### **COMMUNION HYMNS**

*Jesus, the very thought of thee  
I come with joy to meet my Lord*

**HYMN 642**  
**HYMN 304**

## SENDING FORTH OF THE EUCHARISTIC VISITORS

*Celebrant* In the name of God and on behalf of this parish, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

*People* *We, who are many, are one body, because we all share one bread, one cup.*

## POST COMMUNION PRAYER

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

## THE BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit be among you, and remain with you always. *Amen.*

## CLOSING HYMN

*Christ is the world's true Light*

**HYMN 542**

## THE DISMISSAL

*Celebrant* Let us go in peace to love and serve the Lord. Alleluia, alleluia.

*People* *Thanks be to God. Alleluia, alleluia.*

## POSTLUDE

*Hallelujah, Amen*

from Judas Maccabaeus

G. F. Handel

Lani Smith

Judas Maccabaeus (HWV 63) is an oratorio in three acts composed in 1746 by George Frideric Handel based on a libretto written by Thomas Morell. The oratorio was devised as a compliment to the victorious Prince William Augustus, Duke of Cumberland upon his return from the Battle of Culloden (16 April, 1746). The first performance took place on 1 April, 1747 at the Royal Opera House, and Judas Maccabaeus became one of Handel's most popular oratorios.

## St. John's Traveler Letter

Did you know St. John's has a team of pilgrims who travel every week to the very places we pray for in the Anglican communion? Follow John as he shares a little bit about the church and the places he visits:

Dear Pastor Amanda,

By the time this letter gets to you, you'll know who won this year's women's World Cup, which is a massive soccer tournament that has been played over the last month. I wish I could fast forward in time, because as I sit here in London, the air is absolutely crackling with excitement and anticipation for this year's soccer – known here in England as “football” – tournament final.

The Lionesses, as the English women's team is known, beat World Cup host Australia to make it into the final match and the stakes couldn't be higher. Neither England or Spain, its opponent in the final match, has won a World Cup, but you can tell both sides are doing their best to make sure they bring their A game.

It's a very busy time, and it's easy to get swept up in the hype and crazy atmosphere surrounding each game. But as I walked to a football party last week, I picked up a newspaper with the headline, “Record number of households rely on food banks.” It was a useful reminder that despite all the celebration, a lot of families are hurting right now and struggling to make ends meet. It might seem silly that a country as rich as England would have so many people struggling to put food on the table, but the gap between the rich and the poor has grown in recent years. The Anglican Church – which is what they call the Episcopal Church over here – is a member of the “Church Action on Poverty” group that's focused on what causes poverty and how we can help others.

I spent time with a local youth group at a soup kitchen earlier this week and was constantly reminded of God's presence in our everyday work, from cutting vegetables for soup or serving people as they came up for seconds and thirds. I even found God calling me to try something called “blood pudding” – don't ask me about that! I reflected on the compassion and understanding of the people towards complete strangers at this soup kitchen and smiled, thinking of the opportunities presented to me as I travel the world. For now, though, my thoughts turn to the big soccer match this weekend and the friendly competition that brings together friends and family across the country. Cheerio!

Blessings always – John Traveler

**UPCOMING OPPORTUNITIES AT ST. JOHN'S:**

**PLEASE CHECK THE MESSENGER  
FOR INFORMATION ON EVENTS  
HAPPENING THIS MONTH!**

**TODAY**

9:00 AM Holy Eucharist  
10:15 AM Fellowship Hour  
10:45 AM Vestry Meeting

**MONDAY, AUGUST 21**

11:00 AM Fulton School Luncheon  
6:00 PM Daughters of the King

**TUESDAY, AUGUST 22**

1:30 PM Martha's Ministry  
2:30 PM Food Pantry

**WEDNESDAY, AUGUST 23**

12:00 PM Healing Service

**THURSDAY, AUGUST 24**

9:00 AM Ministers' Meeting  
2:30 PM Food Pantry

**FRIDAY, AUGUST 25**

\*Rector's Day Off\*

**SATURDAY, AUGUST 26**

9:00 AM Grief Workshop  
with Doug Smith

**SUNDAY, AUGUST 27**

9:00 AM Holy Eucharist  
10:15 AM Fellowship Hour  
10:30 AM Sunday School Teacher/  
Youth Leader Meeting

**WEEKLY SUPPORT MINISTRIES**

AA: Tues. at 6:00 PM, Sat. at 6:30 PM  
NA: Mon., Weds. & Fri. at 12:00 PM  
NA: Thursdays & Saturdays at 6:30 PM

**FOOD PANTRY DONATIONS ARE ALWAYS WELCOME!**

Thank you for your financial and food donations for the Food Pantry. We also need volunteers to help with picking up and putting away our new bulk food purchases once a month coordinated by Paul and Liz West. Food donations of canned tuna, canned chicken, cereal, peanut butter, pasta sauce and spaghetti are especially needed right now.

*You may place your gifts in the collection basket at the rear of the sanctuary or in one of the red carts located in the Parish Hall or in the lower level lobby by the elevator.*

**VOLUNTEER OPPORTUNITIES ARE ABUNDANT AT ST. JOHN'S!**

We are looking for help in our nursery as well as Coffee Hour hosts. Please check out our webpage: [www.stjohns-lancaster.org](http://www.stjohns-lancaster.org) to read more and sign up!

## **WELCOME**

Welcome to St. John's Episcopal Church! We are glad you are here. Please tell us a little bit about yourself by filling out a pew card and placing it in the offertory plate.

## **OUR MINISTERS**

All Baptized Members

The Rt. Rev. Dr. Audrey C. Scanlan, Diocesan Bishop

The Rev. Amanda Knouse, Rector  
amanda@stjohns-lancaster.org

The Rev. Jen Trenary, Assistant Rector  
jen@stjohns-lancaster.org

The Rev. Stacey Catigano, Deacon  
scatigano@gmail.com

## **VESTRY**

Mary Waskowicz (Senior Warden), Leslie Morgan (Junior Warden),  
Nick DiPace, Andy Welaish, John Modene  
Liz West, Ted Loose, Kathy Kyper

## **STAFF**

Douglas Beach, Minister of Music & Communications  
Dana Sanborn, Bookkeeper  
John Knouse, Property Manager  
Stephanie Cabrera, Custodian  
Ellia Osofsky, Nursery Care

## **PRIESTS AND CANONS ASSOCIATED WITH ST. JOHN'S**

The Rev. Matt MacDougall  
Canon William F. Honaman, DHL  
The Rev. Faith D'Urbano  
The Rev. Elizabeth Mollard

**GROW IN GOD, ACT IN SERVICE, WITNESS IN LOVE**  
[WWW.STJOHNS-LANCASTER.ORG](http://WWW.STJOHNS-LANCASTER.ORG) / 717.299.1188