

OCTOBER 2025

THE MESSENGER

St. John's Episcopal Church, Lancaster PA

www.stjohns-lancaster.org



Calling all bell ringers!

The bell choir is looking for a few extra hands to provide music throughout the year. Please consider joining. Rehearsals take place on Thursdays at 7:00 PM. Please see Mark if interested!



NEWS & STORIES FOR THIS ISSUE:

- Message from the Rector
- Adult Forum and a Note from Joe+
- Blessing of the Animals & Compline
- Village Art Time
- Food Pantry News
- Maker's Market Opportunities
- TLC News & Notes
- The Ministry of Hosting
- Musings from the Organ Bench
- Financials News
- A Note from our Property Manager
- Foyer Groups
- Global Partnership Challenge

A MESSAGE FROM THE RECTOR



Greetings St. John's and Happy Fall,

I am thrilled to announce the addition of a new staff member to the St. John's ministry team. Jessica Morales will be joining our community as the new part-time Communications Director. Jessica's role will include website development, social media content, and all print publications and marketing. She will be the St. John's storyteller helping us get the word out about all the incredible ministry opportunities and events that happen through the St. John's community. Evangelism is such a significant part of our discipleship and growth! Jessica will start on October 14th and looks forward to working with our staff and volunteers. Please welcome her when you see her!

Effective communication is the lifeblood of any thriving relationship or organization." – Mark Victor Hansen.

Here's a little biography of Jessica:



Jessica grew up in Lancaster County, Pennsylvania, and graduated from Lampeter-Strasburg High School. She later attended Santa Monica Community College, where she pursued studies that deepened her interest in business, communication, and leadership.

Professionally, Jessica has served in key roles that combined strategic communication with organizational oversight. As an Executive Assistant to the Chief Technology Officer, she acted as the primary point of contact for all internal and external communications. Later, as a Project Manager she oversaw software development projects across all phases - from initiation and planning through execution, monitoring, and closure.

Now serving as Communications Director at St. John's Episcopal Church, Jessica is excited to bring this blend of communication expertise and project leadership to support the church's mission and community. In her free time, Jessica enjoys spending time with family and friends and discovering new music. An animal lover at heart, she especially loves spending time with dogs, though she has a soft spot for all animals.

ADULT FORMATION

In 2017, I found myself sitting in an Episcopal Church on a two-day retreat with Fr. Laurence Freeman, a Benedictine monk, Catholic Priest, and leader of the World Community for Christian Meditation (WCCM). Those two days were spent exploring the practice of contemplation and meditation in the Christian tradition. For me, it was a gateway to silence, to stillness, to gratitude, and a way of being with God. It shaped my prayer life in significant ways and deepened my walk with Christ, setting me on the path I am on today. It's for this reason, among many others, that I'm excited to share these practices with St. John's. Contemplative prayer is a particular way of praying – it's a way of being that involves silence, stillness, and paying attention.

I'm continually impressed with all that we do at St. John's. We are on the go, striving to do the work of God's kingdom. We love our neighbors. We feed, clothe, and welcome our neighbors; we offer space for those in recovery; and we open our doors as a place of beauty, prayer, and worship for all who enter. This is sacred work, all of this doing. And I also believe that we can couple it with practices that allow us to be still amid all this necessary work, allowing that stillness to deepen the way in which we offer our gifts to the world.

St. Augustine reminds us that we are "called home from the noise that is around us to the joys that are silent. Why do we rush about searching for God who is already here at home with us?" Creating silent, contemplative space plants a seed in our heart to notice God amid our lives, so we can then go out into the world, be the Church, and do the work Christ calls us to. I hope you'll find some time to join me beginning October 5th from 9:15-10:00am, between our two services. Using practices shaped by the WCCM, we will spend time learning, practicing, and discussing what it means to cultivate inner stillness through prayer. I look forward to exploring it together.

In Christ,
Joe+

Meditation is an ancient form of prayer. Its aim is to bring the distracted mind to stillness, and rest in the presence of God. Even in our modern busy lives, this is possible.

We invite you to come along and try this form of prayer which is simple and peaceful, and creates a foundation for how we might live and act in the world.

This introductory four-week series provides an opportunity to experience this practice in a small group, learn about its origins, and discover its relevance as a form of prayer for the contemporary world.

ADULT FORUM - SUNDAYS AT 9:15 A.M.

Being with God:

Contemplative Prayer and Meditation in the Christian Tradition



A Four-Week Series at St. John's

Join at 9:15 a.m. in the All Purpose
Room beginning Sunday, October 5th

Be still and know that I am God. Ps 46:10

Online Art Auction to Benefit St. John's

Debbie Carter's generosity keeps on giving! Over the course of decades, Debbie collected some amazing artwork and has gifted it to the church to benefit St. John's mission and ministries. The online auction will run October 1-8th and can be found here: **Online Art Auction**. You can also find the link on our facebook page! Please take a look and share with friends!

FRIST FRIDAY EVENTS - OCTOBER 3

FRIDAY, OCTOBER 3
6:00 PM @ ST. JOHN'S
COURTYARD

BLESSING OF THE ANIMALS

BRING YOUR PET (LEASHED OR
CAGED), FAVORITE STUFFED
ANIMAL, OR PICTURE!
JOIN US AS WE GIVE THANKS FOR
OUR PETS, CELEBRATE CREATION,
AND REMEMBER THE MINISTRY OF
ST. FRANCIS.



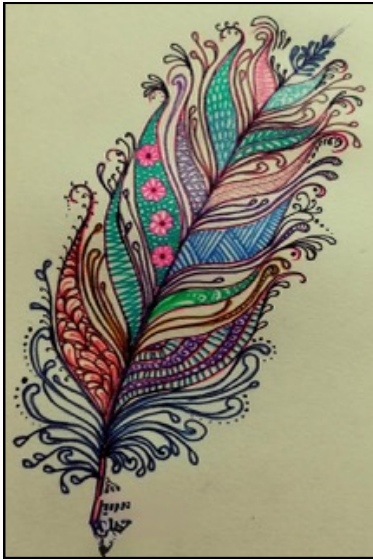
Compline at Saint James October 3 at 9:00 p.m.

Held on First Friday during a city-wide celebration of the arts, this short meditative service is sung by candlelight in the beautifully lit sanctuary and is the perfect way to end this Friday night.

The thoughts that inspire the prayers during Compline are the need for divine forgiveness and protection against the powers of darkness. Prayers for peace and rest are offered as night falls. People of all faiths and beliefs are invited to this contemplative service. The service lasts about 20 minutes.



VILLAGE ART TIME AT ST. THOMAS EPISCOPAL CHURCH



AN INVITATION!

What is being together, exploring creativity, sharing a meal, making something special? It's "Village Art Time" at St. Thomas Episcopal Church!

St. Thomas has invited St. John's folks to be part of the monthly gathering. It's a great time to get to know each other and do some art exploring. The group is completely intergenerational, no experience needed, only fun! The program began at St. Thomas last Fall. This year we're adding a simple meal after art activities.



WHEN:

Always Second Tuesday of each month, 4:30-6:00 p.m.
October - June

WHERE:

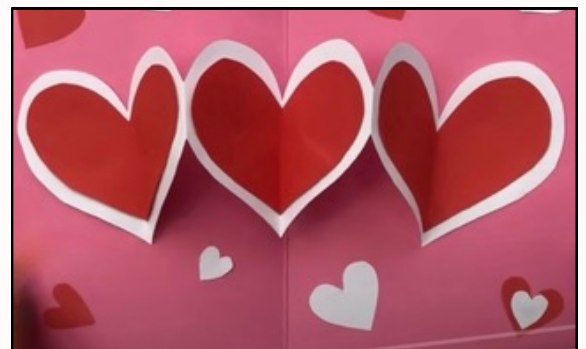
St. Thomas Episcopal Church
301 St. Thomas Road
Lancaster, PA 17601
717.569.3241

HOW:

Register with this link so we can prepare great food and art supplies.

<https://www.signupgenius.com/go/30E0B4BAAA623A31-58733412-arttime>

Check out pictures of things we'll be doing.



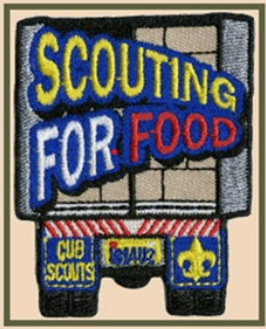


Food Pantry News

October 2025

As of the end of August, the Food Pantry has raised approximately \$27,277 of the \$33,000 we have targeted to meet expenses for 2025. Thank you so much for this support! We have provided food for 9,001 people during the last 8 months which is almost as many people as we served in all of 2024 (9,071)! The need remains great.

We have several activities coming up between now and Thanksgiving to help collect the food and funds we will need to complete this year (and start off next year).



ABOUT THIS PROGRAM:

Full bags are distributed and collected by scouting groups
Bags of food collected by scouting groups are delivered to the food bank on Saturday, November 8, 2025

Many of our St. John's scouts are grown and off to college. Do you know of any girl or boy scouting groups that might support our Food Pantry? Please let Marion Wear know at mwear2016@outlook.com!



The Single Largest Fundraiser of the Year All day November 21, 2025

Donations made online on behalf of our food pantry. Your donation helps us qualify for additional matching funds! We receive the donations in January of 2026 for a good start to the year. Last year we raised \$13,500 and we hope to raise even more this year! Stay tuned for details to participate!

Coming November 30— the Advent Food Box Calendar Event!

Thank You!

ST JOHN'S EPISCOPAL CHURCH MAKERS MARKET



Annual Makers Market Raffle Basket Donations Needed!

We're looking for volunteers to donate raffle baskets to help us make the Annual Makers Market a success! Here's how you can donate:

- ***Visit the Raffle Basket Display in the Parish Hall for inspiration.***
- Choose an idea card—each card has a unique number that corresponds to a number on the sign-up sheet.
- Sign up by writing your name and phone number next to the matching number on the sheet.
- Feeling creative? Sign up under "I'll Think of Something" to share your own unique basket idea.
- Team up with a friend! You can collaborate and donate a basket together.
- Need help assembling? Bring your items and an empty basket—we'll arrange it for you.

Please return your completed baskets to Sherman's Study by Sunday, November 9.

If you have any questions, contact the coordinators:

Beth Warren (727-480-1867)
Deb Smith (717-283-5858)
Sherry Qualls (717-278-0511)

We appreciate your support in making the Makers Market a wonderful event!



ST JOHN'S EPISCOPAL CHURCH MAKERS MARKET



October News and Updates

Our Holiday Makers Market is quickly taking shape, and a number of our team leaders can use your help to be ready for this year's event on Saturday, November 22 (9am-2pm) and Sunday, November 23 following services.

- Amy Dissinger reminds us that all creative gift ideas are welcome to the table and has prepared an amazing display table to help you visualize just some of the possibilities. Please check it out in the Parish Hall. Contact her directly for even more ideas.
- Beth Warren has some incredible ideas for the Basket Raffle this year and she also has a Parish Hall display set up to help you. We even have a team who will take your gifts and basket and put it together for you! Work with a partner or two and make it a fun project.
- Maria Weaver is asking for some great donations for the "Claws and Paws" pet station with ideas like cat toys and pads, cute pet bowls/dishes and lightly used pet toys or holiday items. Don't forget pet toys, treats, and dog clothing!
- Debbie Smith is planning a fabulous "Baked Goods" program for this year and needs bakers and help to provide the best baked goods offering in town this holiday season.
- We also need help at the check out and packaging tables, greeters and security helpers, set-up and clean-up helpers, decorators and more to complete the process. (Contact Marion Wear if you might be interested.)

Wait until you see what we are planning for this year!!

TLC NOTES AND NEWS

Monday, October 6

TLC Meeting at 4:30 PM with guest, Nancy Mannion



Thursday, November 20

TransDay of Remembrance at 6:00 PM in the Courtyard.

Monday, December 1

World AIDS Day at 6:00 PM in the Betty Finney AIDS Memorial Garden



THE MINISTRY OF HOSTING!



MUSINGS FROM THE ORGAN BENCH

Make our church one joyful choir on this glad festive day and by song invoke the fire that invites our hearts to pray: Shape us, Christ, to live and claim all it means to bear your name.

Bend us low by song and prayer, low enough to lift the cross and to take the weight and bear loves' uncounted final cost. Shape us, Christ, to live and claim all it means to bear your name. (Thomas Troeger, *Borrowed Light*, Oxford University Press, New York 1994, p. 59)

Those are just two of the verses of a hymn by Thomas Troeger that says just a bit about my views of what "church" should be from the organ bench, leading the singing and worship music here at St. John's. I will share the rest of the hymn next month, when we move into a time of Thanksgiving and preparation for the Advent season.

This month, the choir will continue to share in their music leadership through anthems and hymns. Another of our musical groups in the church, the bell choir will be performing in the month of October and then again in November. Speaking of bell choir, the call goes out again for more ringers!!! We have three octaves of bells, but can only use a portion of those as we have 5 ringers (counting myself, the director!) We have drawers full of good music but we need the ringers to make that music come alive from sheets of printed music. Bell choir ensembles are unlike any other musical group, I have found. In a vocal choir, if a section is missing, it can usually be covered with the accompaniment or another person moving to another part. Bell ringers usually have specific bells that consistently play. So...all that to say, please consider joining the bell choir which rehearses on Thursday evenings at 7 p.m.

Moving into November, I am working on an Evensong service to be held on Sunday, November 23 in the evening. It follows our Maker's Market which takes place the day before. Our Evensong will center around St. Cecilia, the patron saint of music, whose image is depicted in the stained glass window in the tower entrance, and on our church's web site. St. Cecilia's Day is actually the day before, the 22nd, the day of our Maker's Market! A reception will follow the Evensong, which should be a good way to finish out the weekend...Maker's Market on Saturday, Christ the King Sunday focus on Sunday morning, and the Evensong service around St. Cecilia and the blessing of music in the Christian faith.

"Sing to the Lord a new song..."



FINANCIALS BY CHARLES WEAR, TREASURER

The first budgeted draw from our endowment account was made in August to satisfy cash needs. The timing of this \$30k transfer follows the historic pattern to supplement declining income during the summer months. The August income statement shows the transfer as a surplus for the month of about the same amount. Otherwise, August and YTD aggregate operating expenses are and remain below budget.

Capital gifts of \$7.4k were received in August, bringing the total for the project to \$791.4k. Per Vestry approval, \$6.5k of the Lyet/Summy bequest was transferred to the Capital account. This additional one-time bequest and pre-campaign donations bring the grand total received for the project to \$914.6k, with an additional \$203.2k in pledges outstanding. The estimated total project cost has increased slightly to \$1.26 million due to higher patching and repair costs, leaving \$146.1k as additional need.

Capital expenses for the month totaled \$51.3k. Included was the final payment of \$42.1k for the Mary Window. The capital checking account is approaching minimum balance. Unless increased gifting occurs in the near term, we will have to tap the Orrstown loan facility for incoming bills.

August 2025

Cash Basis in \$000's

	August		Year to Date		Annual
	Actual	Budget	Actual	Budget	Budget
Income					
Contributions	\$47.6	\$42.1	\$332.5	\$336.7	\$505.1
Investment Draws	\$30.0	\$6.1	\$30.0	\$49.1	\$73.6
Other Income	\$0.6	\$2.9	\$40.7	\$22.9	\$34.4
Jubilee	\$2.2	\$3.0	\$27.0	\$24.1	\$36.1
Transferred Income	\$0.0	(\$3.3)	\$0.0	(\$26.7)	(\$40.0)
Total Income	\$80.4	\$50.8	\$430.3	\$406.1	\$609.2
Expenses					
Clergy	\$15.7	\$23.1	\$143.0	\$185.0	\$277.5
Lay Staff	\$9.3	\$9.4	\$74.0	\$74.9	\$112.4
Vestry/Finance/Comm	\$2.4	\$2.5	\$18.4	\$20.2	\$30.3
Utilities	\$4.1	\$3.3	\$40.0	\$26.0	\$39.0
Building Repairs & Supplies	\$3.0	\$3.0	\$23.3	\$24.1	\$36.1
Other Property	\$3.3	\$3.1	\$23.6	\$24.4	\$36.6
Worship/Ed/Community	\$1.0	\$1.9	\$12.6	\$14.8	\$22.2
Outreach	\$4.9	\$5.3	\$41.7	\$42.8	\$64.2
Jubilee	\$2.8	\$3.1	\$20.0	\$24.7	\$37.1
Transferred Expenses	\$0.0	(\$3.9)	\$0.0	(\$30.8)	(\$46.3)
Total Expenses	\$46.5	\$50.8	\$396.5	\$406.1	\$609.2
Net Total	\$33.8	(\$0.0)	\$33.7	(\$0.0)	\$0.0

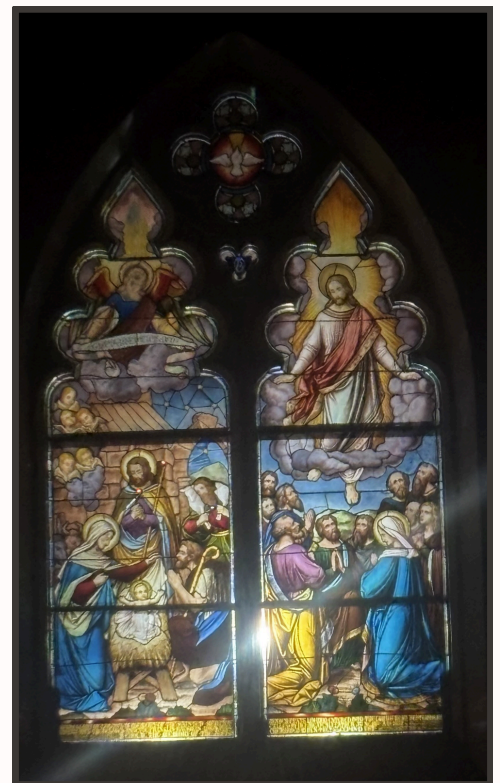
IF OUR BUILDINGS AND GROUNDS COULD SPEAK...

Some of you already know, but recently I have made some adjustments to my work hours at St. John's. Most often, I start my workday between 4:00-4:30am and in doing so, I am able to get more done prior to the arrival of the daily hustle and bustle of our campus. This also gives me the opportunity to see our campus in a quiet, unique and interesting way; example being the photo below.

Earlier this month after the reinstallation of our beloved Mary Window, I slipped into the church early one morning to check the placement of our exterior window spotlights and was able to capture this image. While standing there in awe, it got me thinking "what if our spaces, specifically this window, could speak"?

I think this window would say "thank you". Thank you to Debbie Carter and her commitment to the financial aspect of its restoration. Thank you to the workers who take great pride and care in removing and reinstalling it. Thank you to the artists who worked carefully for hours to restore it and remove nearly 100 years of damage. Lastly, it would say thank you for finally being returned to "Her" rightful place and serving as a great reminder to us all that the life and ministry of Jesus was indeed beautiful.

You may see me around campus less during the week now that these adjustments have been made, however know that you are always on my mind as I think about the generations of folks at St. John's who came before us, those of us who are entrusted to its current care, and the generations that will come after us.



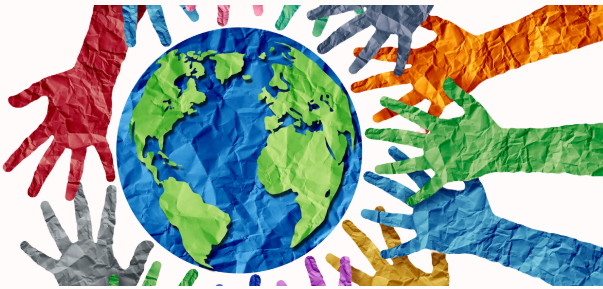
Since I will be working early hours, there is now a blue box in the parish hall for our newly instituted Maintenance Request Forms. If you see or notice something around campus that needs my attention, please feel free to fill one out and I will get to it as soon as possible and in priority order.

Peace Friends,
John Knouse
Property Manager

FOYER GROUPS!!!

All are welcome to attend the monthly daytime Foyer group. We've decided to gather at 1:00 p.m. the first Wednesday of the month after the noon service at church. October 1st is our first gathering and we're meeting at Rachel's Cafe. It would be helpful if people RSVP'd by calling or emailing Sue Heilman heilmangirl@gmail.com or 717-951-0731 but it is not necessary. In bad weather we will probably stay at the church and have a pot luck or other simple meal in the Parish Hall. Anyone is welcome to join us at anytime. You can call the church office to confirm the venue of our gathering each month as it will change.

GLOBAL PARTNERSHIP CHALLENGE



"Love one another as I have loved you."- Jesus John 13:34 - "Jesus never asked anyone to form a church, ordain priests, develop elaborate rituals and institutional cultures, and splinter into denominations. His two great requests were that we "love one another as I have loved you" and that we share bread and wine together as an open channel of that interabiding love." Cynthia Bourgeault

GPC Challenge for October 5th

"If you judge people, you have no time to love them." Mother Teresa - Make a pledge to try to learn something new about someone this week out of your normal circle of friends. Celebrate another child of God!

GPC Challenge for October 12th

"The love of one's country is a splendid thing. But why should love stop at the border?" Pablo Casals - Last week you challenged yourself to meet another child of God you didn't know before. This week see if you can widen your circle and stamp your "friend passport" and learn about someone from another country.

GPC Challenge for October 19th

"Start by doing what's necessary; then do what's possible; and then suddenly you are doing the impossible." St. Francis of Assisi - We think we can't solve hunger, but we can. Weather is getting colder and a cup of soup would bring health and smiles to someone with an empty belly. Let's overwhelm our Food Bank by each of us bringing just one something to gift. We CAN help do the "impossible!"

GPC Challenge for October 26th

"Close the door of hate and open the door of love all over the world." Robert Louis Stevenson - The World's hunger is getting ridiculous. There is more fruit in a rich man's shampoo than a poor man's plate. Halloween is coming and instead of one more bag of candy, how about a treat for the homeless and hungry?

GPC Challenge for October 30th

Looking ahead to Nov 1st & 2nd Rio De Los Muertos - While the culture in the U.S. is to shy away from discussions of death, Mexicans embrace death. They use Dio De Los Muertos as an opportunity to celebrate the death and the life of loved ones and friends they knew in this world. And it is a day of celebration, not a day of mourning. Give thanks for those who we have known and those we may have read about for whom we give celebration for having felt their gifts to us.

BIRTHDAYS

Malcolm Young 3
Andy Mausolf 4
Nicole Pham 5
Maria Weaver-Hollowniczky 5
Karen Di Pace 7
Helena Carroll 8
Phyllis Gbur 11
Bart Smallwood 14
Lenwood Jackson 15
Ed Gordon 19
Robbin Hobbins 19
Merle Schnee 19
Roy Keeler 20
Oscar Stump-Kennedy 20
Anne Almy-Webber 23
Tracy Cliff 23
Ken Smith 23
Patrick Lamb 27
Sue Martin 27
Maggie Springer 28
Tom Stonerook 29

ANNIVERSARIES

Maria & Brad Weaver-Hollowniczky 10/1
Julie & David Rodriguez 10/3
Dan & Priscilla Farmer 10/9
Ned & Sandy Grove 10/12

OUR FRIENDS AT HOME

Ellen Keller, Nancy Nemith, Ricky Smith, Joanna Sweeney, Al Kuser, Mary Sue Farmer, Ellen Sellers, Edith Kane, Merle Schnee, Sandy Grove, Peggy Zuke, and Peggy Buscher, Teresa Sullivan

SERVING IN THE MILITARY

Alex Kelly, Brooks Morgan, Brian Hobbins, Joshua Watkins, Kirby Kinderwater, Kyle Kinderwater, David Wolfe

CHURCH PRAYER LIST

Ella, Kevin, Judy Modene, Andrew Gilpin, Cheryl and Rhoda, Ted Griswold, Collin, Eileen Waite, Denise Chandler, Shirley Parmer, Erin Heintzinger, Phyllis Shearer, Ann Marie, Sandy Patrone, Marshall, Leslie Tahsler, Paul Hershey



Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts, may your peace which passes understanding abide all the days of their lives; through Jesus Christ our Lord. Amen.

OCTOBER CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 <i>Coffee hour after each service</i> 8:00am Holy Eucharist: Rite I 9:15am Sunday School 10:15am Holy Eucharist: Rite II	29 12:00pm NA 5:00pm Stewardship Committee Meeting 7:00pm SLAA	30 1:30pm Martha's Ministry 2:30pm Food Pantry 5:00pm Immigration Clinic 6:00pm AA (AP)	1 12:00pm Holy Eucharist with Healing 12:00pm NA 2:00pm Men's Bible Study	2 9:00am Morning Prayer 10:00am Worship Committee 2:30pm Food Pantry	3 Rector's Day Off 12:00pm NA 6:00pm Blessing of the Animals 6:00pm First Friday art auction open house	4 1:00pm AA 6:00pm AA
5 Birthdays & Anniversaries <i>Coffee hour after each service</i> 8:00am Holy Eucharist: Rite I 9:15am Sunday School 9:15am - 10:00am Adult Forum: Contemplative Prayer 10:15am Holy Eucharist: Rite II 11:30am - 12:30pm Parent Meeting	6 12:00pm NA 4:30pm Trans Loving Community 7:00pm SLAA	7 1:30pm Martha's Ministry 2:30pm Food Pantry 5:00pm Executive Committee 5:00pm Immigration Clinic 6:00pm AA (AP)	8 12:00pm Holy Eucharist with Healing 12:00pm NA 2:00pm Men's Bible Study	9 9:00am Morning Prayer 9:30am Staff Meeting 1:00pm - 3:00pm Clergy Council 2:30pm Food Pantry	10 Rector's Day Off 12:00pm NA	11 12:30pm Citizen's Climate Lobby Group 1:00pm AA 6:00pm AA
12 <i>Coffee hour after each service</i> 8:00am Holy Eucharist: Rite I 9:15am Sunday School 9:15am - 10:00am Adult Forum: Contemplative Prayer 10:15am Holy Eucharist: Rite II	13 12:00pm NA 4:00pm Caring Ministry Meeting 7:00pm SLAA	14 1:30pm Martha's Ministry 2:30pm Food Pantry 4:00pm Finance Committee 5:00pm Immigration Clinic 6:00pm AA (AP)	15 12:00pm Holy Eucharist with Healing 12:00pm NA 2:00pm Men's Bible Study	16 9:00am Morning Prayer 9:30am Staff Meeting 2:30pm Food Pantry	17 Rector's Day Off 12:00pm NA Diocesan Convention	18 9:00am Community Breakfast (First Reformed) Diocesan Convention 1:00pm AA 6:00pm AA
19 <i>Coffee hour after each service</i> 8:00am Holy Eucharist: Rite I 9:15am Sunday School 9:15am - 10:00am Adult Forum: Contemplative Prayer 10:15am Holy Eucharist: Rite II 12:00pm Vestry Meeting	20 12:00pm NA 4:00pm Caring Ministry Meeting 7:00pm SLAA	21 1:30pm Martha's Ministry 2:30pm Food Pantry 5:00pm Immigration Clinic 6:00pm AA (AP)	22 12:00pm Holy Eucharist with Healing 12:00pm NA 2:00pm Men's Bible Study	23 9:00am Morning Prayer 9:30am Staff Meeting 2:30pm Food Pantry	24 Rector's Day Off 12:00pm NA	25 MESSENGER DUE 1:00pm AA 6:00pm AA
26 <i>Coffee hour after each service</i> 8:00am Holy Eucharist: Rite I 9:15am Sunday School 9:15am - 10:00am Adult Forum: Contemplative Prayer 10:15am Holy Eucharist: Rite II	27 12:00pm NA 5:00pm Stewardship Committee Meeting 7:00pm SLAA	28 1:30pm Martha's Ministry 2:30pm Food Pantry 5:00pm Immigration Clinic 6:00pm AA (AP)	29 12:00pm Holy Eucharist with Healing 12:00pm NA 2:00pm Men's Bible Study	30 9:00am Morning Prayer 9:30am Staff Meeting 2:30pm Food Pantry	31 Rector's Day Off 12:00pm NA	1 1:00pm AA 6:00pm AA